



Les Gravées, St Peter Port Guernsey, GYI IRW Tel: (01481) 721602

Dear Parent(s)/Guardian(s),

Ski Trip – Alpe D'Huez, France $16^{th} - 23^{rd}$ February 2019

We would like to invite you to a parents Ski Trip meeting on **Tuesday 15th January** at 6-7pm in the Drama Studio. The meeting should last for approximately one hour, and during this time we will discuss:

Skiing/Lessons
Flights/Transfers
Meals
Spending Money
Room Options
Illness
Health & Safety
Remote Supervision
Contact Numbers
Security Threats
Packing Guide/Kit List

Mr Barnes and Miss Dudin will be accompanying me on the Ski Trip, and we very much look forward to seeing you at our parents meeting. If for any reason you are unable to attend, please do email me and I can forward you the relevant information. lmitchinson@ladiescollege.ac.gg

Hoodies

For those students wishing to purchase a Ski Trip Hoodie, please complete the Order Form (enclosed) and return this to college, along with payment by Friday 14th December. Hoodies will be ordered before the end of term and handed out during our parents meeting.

Kit List

I have enclosed a Kit List for your reference. 'Ski Clothing' is a list of essentials and won't be provided by our tour company, except for helmets. These will be provided along with all the ski equipment.

I would strongly advise in purchasing a pair of ski goggles, or aim to borrow from a friend/family member. We do not encourage students to ski in Sunglasses, as these can easily break following a fall and could cause possible injury to face and eyes.

Waterproof winter boots are recommended for walking about the village and participating in activities. Sports trainer's/fashion shoes are very likely to get wet. Students can bring slippers/trainers to change into once arriving back to the hotel.

In order to keep warm on the slopes students should aim to layer up. We would encourage packing 2 of each (except ski jacket/trousers) in case clothing gets damp, students can change in between ski lessons.

Top

Sports bra
Thermal (long sleeve) base layer
T-shirt
Fleece
Waterproof Ski Jacket
Waterproof gloves/mittens

Bottom

Thermal bottoms/Lycra leggings are also good. Knee high ski socks Waterproof trousers

If you do require more help with this please do drop me an email, and I would be more than happy to help.

Yours sincerely,

Miss L. Mitchinson (D of E Co-ordinator)

The Ladies' College