





## Welcome

Gone are the days when school was about learning facts and being competent in reading, writing and arithmetic. Whilst academic excellence is still important, education should enthuse and inspire girls to embrace the challenges and opportunities that school and indeed life has to offer.

Melrose is the Infant and Junior part of The Ladies' College and offers a nurturing environment which supports each girl's needs and provides them with the tools required to become confident, self-reliant and resilient individuals. It is a unique and special place where the dedicated and experienced team of adults excel at creating a safe haven in which girls are able

academically, socially and emotionally. Our girls feel motivated enough to aim high, question ideas, take risks and develop as independent learners, driven by their own self-belief. Above all, the girls enjoy school and relish in all the opportunities that our broad and exciting curriculum has to offer.



to blossom and grow into well-rounded individuals -

## • Education is not the filling of a pail but the lighting of a fire. William Yeats



# **Daily Life**

Melrose girls are busy and, from the beginning to the end, the school day is filled with a range of experiences to enhance our broad and varied curriculum.

Throughout these lessons a Growth Mindset is promoted and the girls are positively encouraged to work on developing strong character traits, such as resilience, perseverance, initiative and independence; to 'have a go' and 'not give up'; skills that are essential for later life.

Visitors are regularly seen at school to further enhance learning, through assemblies and informative talks to

specific classes. The girls can take part in a variety of sport and music clubs at lunch times as well as in a range of co-curricular clubs after school.

There are also regular events, run by the school's active PTA to 'round off' a special school day, such as film nights, bingo and even snail racing! Life at Melrose is **never** dull!

• Every morning is a blank canvas... it is whatever you can make out of it. Anonymous



# **Physical Development**

Melrose girls are very active. We promote sport and the benefits it brings - from swimming all year round in the Preparatory Department to representing your school against others in the Junior Department.

The range of sports that the girls experience is impressive, with over ten different sports offered over the school year. Sport at Melrose also offers the girls the chance to encourage each other, show

# • Healthy body, healthy mind, healthy spirit.

perseverance and work as a team through matches and school events in netball, cross country, tag rugby, athletics and swimming amongst many others, with some Melrose girls also representing the island.





## **Creativity and Discovery**

At Melrose, we provide the girls with a huge range of 'hands on' activities to support their learning. We are continuously developing our Outdoor Area as a learning resource so the girls can take all areas of the curriculum outside, supported by our outdoor classroom.

Girls are growing, measuring, researching, making, filming, collaborating, looking, listening and reading amongst other activities, and all the time they are learning and having fun.

The girls are encouraged to develop the independent learning and problem solving skills that we value, and a love and understanding of the natural environment.

As part of our Curriculum Enrichment Programme, our Forest Schools' course provides an opportunity for the girls to develop confidence and self-esteem through engaging experiences in their natural environment, from making mud pies to shelters and camp fires.

• What we have to learn to do, we learn by doing. Aristotle

Creativity is not limited to outdoors, the Melrose curriculum provides opportunities for art, drama and music to flourish. All girls have opportunities throughout the year to perform on our purpose built stage promoting confidence, self-belief and teamwork and with some impressive results.



# **Nurturing**

Originally a Georgian house, Melrose has a naturally homely feel both physically and in our school ethos. The school is small enough for all the staff to know all the girls and be able to support them academically and emotionally.

Emotional wellbeing is essential in our world today and from a young age we work with the girls, on developing emotional strength and good judgement.

A feeling of community is a real strength of our school. The girls support each other across the age ranges with the older girls working with the younger ones and playing together at lunch times. There are no boundaries, just an enjoyment of each other's company. Not only do the girls support each other, but they support those beyond the school gates through a range of charity events, for both the local community and world-wide organisations. These events increase the girls' awareness of the needs of others and give them an understanding of their roles and responsibilities in wider society.

## • Alone we can do so little; together we can do so much. Helen Keller



# Encouraging

Melrose girls are often 'out and about', gaining first hand experiences and having fun. The range of outings is vast from museums to the trips to France and London which all aim to encourage the girls to increase their knowledge and skills.

The girls also get involved in local community events such as the Eisteddfod, where they compete and excel in French and Music amongst other classes, and in other local competitions. The aim is always to 'have a go', show commitment and enjoy yourself.

Enjoyment is also the focus of our many co-curricular after school clubs where girls are encouraged to try something new including a variety of sports, art and drama.

## • If you never did, you should. These things are fun and fun is good. **Dr Seuss**



# **Moving Up Through The School**

Melrose provides the second stepping stone on The Ladies' College educational pathway. It builds on the strong foundations embedded in the Pre-Preparatory Department and nurtures the girls to develop academically, socially and emotionally ensuring a smooth transition to the Senior School.

The girls are given a sense of ownership of their school with all girls in their final year taking on a role and leading the school community, supported by members of our active school council who provide a pupil voice for the girls. A strong House system and

ethos, that continues into the Senior School, offers the opportunity for healthy competition and teamwork and the links with Senior School teachers and transition activities ensure that the girls move confidently from one phase of their education to the next.

• Take pride in how far you have come and have faith in how far you can go! **Christian Larson** 



### **Contact Us**

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