

The College Voice



September 2014

In association with

The Specsavers logo, consisting of two overlapping green ovals with the word "Specsavers" written in white.

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A Ladies' History

Our beloved school opened its doors to the first Ladies' College girls on 10th October 1872. In the last 142 years the school has grown and flourished, becoming one of the top all girls' schools in the country. Based on the ideals of Cheltenham Ladies' College, Ladies' College was a pio-

neering school in terms of women's education; something to be truly proud of!

Over the last 142 years the school has seen a lot of traditions come and go, some being more recent than others (those older girls will remember the years of sixth form entertainment..). Music has always played an immense role in school life with an orchestra established since 1904. In the earlier years this orchestra was joined with the boys orchestra down at Elizabeth College and you can imagine this caused great excitement amongst the girls!

By 1900 there was a strong tradition of success in public examinations, a tradition we aim to uphold today. The College's first head teacher, Miss Eaton, firmly established the high academic aims, that we still maintain today, from day one. The first recorded Prize Day was on 31st October 1904 at 11am. Over the last 100 years we have kept the tradition of wearing a red carnation as it was done in 1904! Additionally there were some house competitions that we no longer have that I believe should be revived. Some of these being the arts and crafts competition or the cooking competition!

The first Ladies' College uniform was introduced in 1915 but it was surprisingly very different to the one we have today. We may be very attached to our darling kilts, believing them to be traditionally representative of a Ladies' College girl but in 1915 the girls had to wear a navy-blue skirt or frock; very different to our 'girls in green' image of today!

It is amazing to think how the

school has survived two world wars and that the girls contributed greatly to the war effort in our local community, on the front line and at seas through the work of charity. Every girl made a difference, if it was knitting garments for the navy, growing vegetables in the College garden or even working as maids in hospitals during school holidays. This wonderful work is often overlooked but we should be truly proud of the old Ladies' College girls, both for doing all they could without being asked and pioneering the way for us girls today.

Originally the school was accommodated at a house at the top of the



Grange but because of the huge influx of students wanting to learn we had to move locations! This was a very exciting time as not many women were well-educated at the beginning of the 20th Century and Ladies' College was one of the first all girls schools to change this!

Although it seems that a lot may have changed in the last 142 years, for example the uniform or the school building, the ethos of the school has survived the tumult of the years. So like the girls before us always have and with true Ladies' College spirit, we should be striving to achieve 'excellence in all we do'!

Meet the Staff: Miss Le Maitre!

Miss Le Maitre, the new Religious Studies teacher, has been interviewed by a member of the College Voice team, Lydia Cherry!

1. Where are you from originally? *Guernsey, St. Martins*
2. Where and what did you study at university? *I went to Winchester University and read Religious Studies, Theology, Spirituality and Ethics. Then I went to University of Plymouth St. Mark and St. John and completed a PGCE in secondary religious education.*
3. How has your time at The Ladies' College been so far? *The staff are very helpful and welcoming. I'm very impressed with the attitude to learning and politeness of the girls.*
4. What inspired you to pursue a career in Religious Studies? *I studied Philosophy and Ethics at A level and really enjoyed it and decided to further my knowledge and understanding at university. It was after university I decided to pursue a career as an RS teacher so that I could pass on my expertise and enthusiasm for the subject.*
5. Have you always wanted to become a teacher? *I think teaching is in the blood. My parents are both retired teachers. It has been lovely meeting students who my mother taught when they were in reception!*
6. What are your interests outside of the classroom? *I love to scuba dive, Jet Ski, go on cliff walks, travel, listen to music and play my flute and drums.*



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7. Ladies' College is a Christian school, how important do you think it is for girls to learn about other religions and beliefs as part of their curriculum? *I believe RS is integral for the holistic development of a young person. The UK is an ever increasing multi-cultural society therefore an understanding of interfaith dialogue is key for society to exist peacefully.*

8. A random fun fact about yourself? *For two months in 2013 I taught English at a school in Bukit Lawang, Sumatra.*



Autumn Playlist

By Ciara Hanna

Hope this playlist eases the transition from summer into autumn. Sit back and relax, letting these sweet tunes wash away your summer blues!

1. Hunger of the Pine - Alt J
2. Take Me to the Church - Hozier
3. Autumn Serenade - John Coltrane
4. Ritual Union - Little Dragon
5. Bros - Wolf Alice
6. Autumn Almanac - The Kinks
7. Salad Days - Mac Demarco
8. Autumn in New York - Ella Fitzgerald and Louis Armstrong
9. Latch - Disclosure
10. Superstar - Sonic Youth

Be Inspired



Steph Nickolls, a Ladies' College alumna, completed her Spanish A-Level after a transformative trip to Argentina. I interviewed Steph about her trip, which shows the significance and the practicality of learning a language, which is inspiring not only to all the language-learners in the school, but also those who hope to pick up a language later in life.

Why did you decide to go to Argentina?

I ended up in

Argentina by chance really- I travelled down alone from Guatemala in 2007 all through Central and South America, finally ending up in Buenos Aires. I met so many great people (tourists and Argentines) that within a couple of months I had found a job and a shared apartment where I eventually stayed for four years! Historically and to this day, Argentina has a lot of economic and political problems- this is very evident when travelling certain parts of the country and definitely in the city, however the best part about living there was the people I met- they have a very similar sense of humour to the British, very dry, and I found it much easier to integrate into their society than other places that I've travelled.

What were the high points of the expedition?

Highlights included visiting the "Cataratas de Iguazu" the beautiful waterfalls shared with Brazil which are full of monkeys and other wildlife, camping for a month on the beach in "Mar de Ajó" and travelling up north around Salta and Jujuy, which is full of the traditional peñas (restaurants/bars with live folk music and dancing), archaeological ruins, handicrafts markets and breathtaking scenery.

Did anything go wrong that seems funny to you now?

One of the parts I was not so keen on was the quantity of meat on the menu! Being a vegetarian myself, I found there weren't so many options at the time. I remember one particular Christmas where my husband brought home a whole lamb to barbecue (they strap it to an iron cross, build a fire around it and cook it for about six hours). Anyway, when I arrived home I found this lamb in my bathtub on ice, where it stayed for two days as it wouldn't fit anywhere else!

Now that you've been there yourself,

when you think of Argentina, what's the first image that comes into your head?

Now when I think of Argentina, I remember the stunning and diverse landscapes, the huge culture of tango, politically inspired rock music, street art and the general bohemian vibe that's so prevalent in spite of the very difficult history that they've lived through, and most importantly the passion that the Argentines have- in everything that they do.

Have you kept in touch with any people that you met there?

Yes I've kept in touch with lots of people from there- I even brought back my own souvenir in the form of my husband! We've been back a couple of times to visit and obviously we will always go back there as it's his home and has been an important experience in my life too!

By Eva James



Your Creative Writing!

With the official end of the summer comes the time to reminisce about those abundant summer days.

Summer

by Charlotte Le Sauvage, year 7

As the Summer sun rises,

The Spring sparkles fade away.

As it creeps up on you like a pouncing lion

And devours those Winter blues.

Summer smells of barbeques,

It sounds like fat sausages sizzling and baby birds singing.

It tastes like cold ice-cream on a scorching hot day,

It feels like smooth rocks, gently warmed by the sun,

It looks bright, sparkling, glittery; 'magical'.

In summer, colours are vibrant and true,

The morning sky is a dazzling, celestial blue.

The dawn sun is a bright, canary yellow and the setting sun a glowing burnt orange.

The blooming flowers are african violet, candy pink, daffodil yellow and deep cerise.

All of nature shouts out that it is alive.

Summer is the time to enjoy the heat,

Swim, surf, make new friends and

Party all night long!

Two of the commended poems from the poems for Science Week 2014.

By Amie Le Feuvre

Materials are the foundations of our world,

The building blocks of society

The mysteries of the Earth unfurled

Such a great variety!

Solid, liquid and gas alike,

The matter from which everything is made.

My material shoes are good for a hike,

Materials will never fade!

By Molly Simpson

Energy is many things,

Gas, fuel and sun.

My favourite type of energy,

Is the kind that helps me run!

Spring

by Abigail Galpin, year 8

They say spring is a real person,

they call her Lady Primrose.

She walks with her lambs,

as she warms the soft green meadow.

She wears a yellow bonnet,

with a matching floral dress.

Her golden blonde hair,

is plaited down neck.

She dreams of the Lake District,

a perfect holiday in May.

She is forever young,

she is Spring.

If you ever want any of your creative writing to be featured please email lucyyymancini@gmail.com! Any pieces would be greatly appreciated! It could be a story or a poem, done at home or for school work. If you are in year 7 or 13, I would love to read your work!!

Volunteer!

At the beginning of the academic year, I began searching for the perfect activity which would complement my timetable and that would also allow me to give back to the community. Suddenly, the light bulb scenario took place and I quickly rushed to sign up for helping in lessons at Melrose and I can definitely say that I have never regretted the decision to volunteer there.

For an hour a week in one of my free periods, I ventured out of the cosy and sheltered Leaf Centre and became engrossed in the world of Melrose. At Melrose, your presence will never go unappreciated! They welcome students' help with open arms, as they are greatly aware of the fact that helping the Melrose students is beneficial to all parties...and also because there are always countless things to do!

I primarily helped in English lessons, and soon became part of the Melrose routine that had been established - spelling tests followed by guided reading. Whether it was queries regarding spelling, a question about a book or just a general conversation the students wanted to have, I tried to answer in the best way possible, being slightly unsure of how to handle the situation at first. As time progressed this became easier and I found myself becoming more confident. Week after week, I discovered that going to help in Form II's English lessons, had become one of the things I looked forward to the most. Admittedly, I also found myself becoming rather attached to Form II, and taking a great interest in asking the teacher about

the pupils' progress.

I have since helped Form II complete scrapbooks, asked them analytical questions about the books they were reading and been part of a discussion regarding the much awaited London trip. Undoubtedly, I can say that helping in Form II's lessons has been a busy yet rewarding experience, which has given me more confidence and induced me to consider teaching as a future career prospect.

I hope I have passed on my enthusiasm of learning to the students of Form II, as they have reinforced mine. Overall, volunteering at Melrose has been a great and rewarding experience; I will certainly carry on next year and very much recommend it to anyone.

By Natalia Tanser

A Word About School Council

By Emily Green, School Council Chair

This year, just like every other year, a

body of students has been chosen to represent their classmates and put forward their opinions on matters and decisions important to the school. But this year isn't going to be just like every other year.

There have been many meetings as this school year kicks off between Mrs Pearson and I discussing how we can improve upon the current system to benefit students more. Our primary change is the selection of candidates through an application process as opposed to a simple vote, and it is my hope that this year's representatives will be more collectively passionate as a result of this.

It is important to us that the processing of and acting upon your ideas and suggestions becomes more efficient. For this reason we hope to secure a small annual budget, and to have more regular meetings and feedback sessions. In addition, Mrs Pearson will be attending each meeting for a few minutes so that council members can tell her their ideas and receive a response directly, thus improving the communication process greatly.

Finally we hope to alter pupil's perception of school council. By giving representatives a theme to discuss with their class each week we hope to gain more structured and innovative ideas. We want school council to be about seeing the bigger picture, and with this we hope to undertake bigger projects.

This year school council will have more of an impact on the school, so that pupils can feel like they make more of a difference. Things have changed a good deal already, but with the help of pupils and their reps over the coming year, there are many more changes to come.

Triathlon Success

The Ladies' College held their first triathlon in warm conditions in late September 2014. The course which was staged around the College grounds involved a 200m swim, 2150m cycle and a 1000m run. All of the 12 girls from Remove to Lower 5 who entered, embraced the endurance challenge that the event offered. At the leader's end of the pack, a real tussle emerged between nationally ranked cyclist Amy Sharpe, top Island Swimmer Enya Rabey and her younger sister Orla. As expected, Enya was first out of the pool, closely followed by Orla. Amy made up some ground on the cycle but the tight bends on the course prevented Amy reaching her full speed for a long enough distance to make up significant ground on her rivals. Enya finished the cycle in

the lead and looked very strong as she headed off for the four lap course around the playing field. A real battle was emerging in the transition zone between Amy and Orla as they battled to park their bikes



and don their running shoes. Amy left the transition zone, slightly in the lead. Enya powered to a very impressive finish in a time of 13m 34sec, with Amy finishing second in 14min and Orla, 3rd in 14min 13sec.

The athletes were very appreciative of the support given to them by staff, parents and the Ana Leaf Foundation sponsored Guernsey Triathlon club. The Club, together with Fletcher Sports gave medals, sports bags and other prizes for everyone who finished the event.

A very big well done to all who took part.



We all know that cake is essentially the staple diet of a Ladies' College girl. Lurking in our classrooms are stacks of cake tins containing deliciously decadent bakes goods. To echo this spirit the paper will include recipes every month but all will have an exciting healthy twist! I know many of you may be rolling your eyes at this prospect but I can promise you that these scrumptious recipes will have you singing; both for their taste and their nutritional benefits!

To start off here is a recipe for healthy peanut butter cookies!

Makes 16-20

INGREDIENTS

250g of your favourite gluten-free plain flour
1 tsp gluten-free baking powder
pinch of fine sea salt
125g organic peanut butter
125g organic hazelnut butter
1 egg, lightly beaten
250g organic maple syrup

5 tbsp organic flavourless oil
1 tsp vanilla extract
100g raw chocolate, broken into small pieces

METHOD

1/ Preheat the oven to 170°C/gas mark 3½. Line one large or two small baking trays with baking parchment.

2/ In a mixing bowl, combine the flour, baking powder and salt and set aside. In another larger bowl, mix together the peanut and hazelnut butters, egg, maple syrup, oil and vanilla extract. Stir until well combined.

3/ Pour the flour mixture into the nut butter mixture, add the pieces of chocolate and stir briefly until only just combined.

4/ Scoop heaped tablespoons of the mixture on to the prepared baking tray(s), leaving a 2cm gap between each as the cookies will spread as they cook. Bake for 10–12 minutes,

or until they begin to crack slightly all over. Leave to cool for five minutes on the tray(s), then transfer to a wire rack to cool completely.



Show us pictures of you creations!
#TheCollegeVoice

Agony Aunt

A new feature starting next month will be our Agony Aunt section! Our anonymous Agony Aunt will be there for you if you need some advice, a dash of wisdom or simply a friendly chat! (And don't worry your identity will be kept a secret!!) So do please email agonyauntvoice@gmail.com to be featured!

Puzzle Page

Where's Amy??



Senior Orchestra - Monday 12:40 *groups and a ukulele orchestra*
(Hall)

Senior Choir - Wednesday 12:40
(Hall)
“Without music, life would be a mistake.” - Friedrich Nietzsche

Motet Choir - Thursday 16:10 (Room 21)

Junior Orchestra - Tuesday 12:30
(Hall)

Junior Orchestra - Friday 12:30
(Hall)

Mini-Motet - Tuesday 16:10 (Room 21)

There will also be two handbell ~MARK TWAIN

This monthly feature features the Head Girl Amy Fallaize in a 'Where's Wally?' reminiscent puzzle! Find Amy in this months picture of the Upper Sixth common room!

Get Involved!

Quote of the month:

“Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.”

I'd love for girls of all ages to be involved in the paper this year so if you have any pieces of creative writing, a flare for journalism or even just some fun ideas please contact/ come and find me! (email: lucyymancini@gmail.com)