

The College Voice



The Ladies' College
Guernsey

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In association with



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The Core

By ~~Katharine Jensen~~ ~~Christine Hodgson~~, Clemintine Thompson, Anna Ogier
LADIES' College has recently invested over a quarter of a million pounds in order to upgrade and improve the school canteen. Principle, Ms J Riches and Bursar Mrs K Fell, recognised that the school of more than four hundred girls has vastly out-grown the current canteen and thus, the reconstruction plans began.

The professional catering company, MYA, has been engaged in order to help design the new menus. Their specialty in independent schools gives us great confidence that they will be as appetizing as assured!

The school council has been constantly involved gaining feedback from the girls and the reaction has been extremely positive. The menus will be more balanced and also ensure a wider variety of choice, improving our schools meals and snacks.



The old canteen. Photographer: Poppy Barker

Perhaps the most exciting prospect of the new canteen is the speciality teas and coffees that will be served throughout the day ensuring pupils always have plenty of caffeine to keep them going, as well as providing warmth on the cold winter days. Equally, you will now be able to purchase food and drinks when you are not in lessons which will hugely benefit the many girls with tightly packed schedules over lunchtimes.

The school is incredibly grateful to Ms Riches and all the staff for putting such a concerted effort into the re-development of what can only be described as an ancient canteen.

The final decision to be made was

the name of this new improvement. Ms Riches allowed girls to put forward ideas for a name, including a humorous 'Ladies Who Lunch' and even 'McDonalds.' Finally and rightfully the name that was chosen was 'The Core.' This truly depicts the intention of the new canteen as it aims to be the centre of our school lives where we are able to interact with others and enjoy our time within the school. The girls enthusiastically look forward to its opening in September and are eager to see what it has to offer!



The brand new beautiful canteen!



SHOULD'VE GONE TO SPECSAVERS

Specsavers

Roll Up To Guernsey's Skate Park

By Miranda Griffin

GUERNSEY'S new skate park is complete. The majority of Guernsey youths evidently feel it couldn't come soon enough. It will be somewhere they can skate for as long as they want and when they want, without being told to leave within the first half an hour of their socialising.



Photographer: Louise Enevoldsen

Although, there is a membership fee of £20 a year. One question many may want to be answered is how they're going to monitor this? Random checks may be the way forward, but if they were to use a list of names that were allowed in the park, it would be a very long list! With around 100 people arriving for the opening, this would be a long check.

Rumour has it that it's going to be one of the best skate parks in Europe, so expectations are definitely high! Age 15, skater Barney Thompson says "whatever is built will be used a lot, as the Guernsey skaters have been skating so long with too little places to go, that we will be grateful for any kind of park". Whilst others are not so impressed, as avid skater, age 14 Marcus Magloire feels "it's more of a BMX park. I would like there to be some stairs and more street aspects". So does this mean that the skate park might not even keep the youths off the streets?

Owner of Avenue Skate Co. clothing brand, Alexander Lamb, 20 feels that the Skate Park is long overdue. He says, "I feel like I and the generation before me have really missed out on something which should have been done years ago." The skateboarding fanatic also says, "a lot of the general public don't understand skateboarding. They subconsciously accept the stereotypical view of us being vandals of society before truly understanding the truth. Embrace new ideas and accept that the world changes." Well, he sounds like he knows his stuff.

The skate park seems to be a big hit amongst a large majority of the youths and locals look forward to it soaring with success.

Reach For A Star

LADIES' College students are shining as they bag places in the upcoming Specsavers talent show, 'Reach For A Star.' With an array of different acts and an audience with more than 600 people the school could not congratulate pupils, Miranda Griffin and Phoebe Hazzan enough. The College Voice caught up with Phoebe Hazzan to talk about her hopes for her vocal performance in the final this month.

Q: Hi Phoebe, congratulations in getting into the final. What have you chosen to do and why?

A: I'll be doing a medley of pop songs. I chose them because I think they suit my voice, I enjoy singing them and they all have lyrics that are really easy to relate to and understand.

Q: How have you been preparing for the final?

A: I have been practising my set and have been sorting out a backing track, which my singing teacher has helped me with. I have performed at a few small venues and at some showcases in the past few months. I am just so happy that I even got in to the final eight. I'm honoured that Specsavers have given me a chance to do something that I love on a higher level.

Great stuff! We wish you the best of luck in the final!

How Does The Ladies' College Stay Green?

By Lauren Ogier

LADIES' College is typically recognized for the green exterior that is the uniform, but do we maintain this green facade out of the public eye?



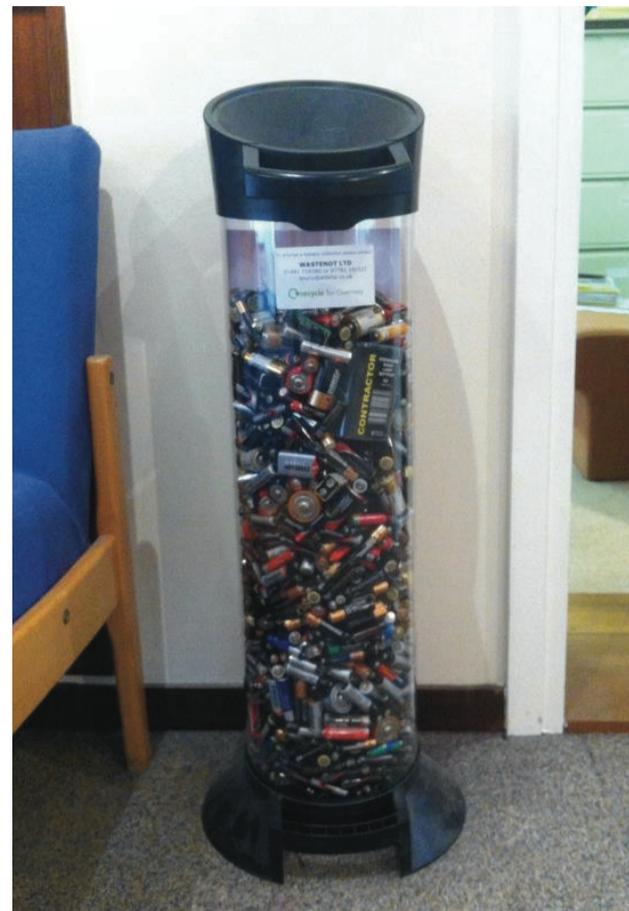
Photographer: Poppy Barker

Throughout the school pupils are encouraged to recycle paper, with bins in every classroom and signs in room 10, discouraging the misuse and waste of paper. There are also various recycling bins in the Leaf Centre, in which the Sixth Formers recycle any packaging from their lunch. These bins ensure that students recycle and help to preserve resources on the island. The introduction of a battery bin (placed outside reception) is a great scheme

that boosts the school's green status and also protects Guernsey's land from any harmful leakage of battery acid.

Our school also emphasises the importance of turning off lights when they aren't needed, achieved by posters throughout the school with comical jokes that remind pupils to save electricity. Additionally, a 'Walk to School Week' has been introduced to stimulate students to reduce our carbon footprint.

The College Voice caught up with Sixth Form student Holly Ingrouille who gave her views on the recycling within the school. 'I think it's great that we're able to contribute to keep-



Photographer: Poppy Barker

ing our island eco-friendly. The school enables us to see how every little helps and how easy it is to help.'

Overall, Ladies' College is proud of what we do to help the environment and we strive to continue with our efforts!



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Students Demand Lunchtime News

By Natascha Helyar and Olivia Everitt

MANY students show a serious lack of knowledge and interest in today's current affairs. We live in a time where information is freely available and accessible, so why are students uninformed?

A recent online poll at the University of Massachusetts, Amherst, found that when asked which countries America was at war with, only 87% of students chose Iraq, 82% chose Afghanistan, and 8% chose Pakistan. However, at this point, the US has some kind of military presence in over 20 countries including Bahrain,

Egypt, Iran, Kazakhstan, Oman, Pakistan, Syria and Yemen. Conversely, when the same students were asked which movie won the 2013 Best Picture Academy Award, over 90% answered correctly with 'Argo'.

One student at the University, Daniel Elliot, described how he thought the presentation of news is over formal. "It doesn't matter if you read it or watch it on TV, it's always boring and long-winded. I can't stay focused."

This highlights the fact that students are not keeping up to date with the important global news that should be readily available through means such as the Internet. There are also several ways that news can be programmed into daily life as a Ladies' College student. If the College implement daily discussions on topical affairs, student interest will follow. This could easily be achieved in form time or by making sure at least one screen in the main building is broadcasting a well-known news channel with subtitles during lunch hour.

The lack of knowledge about current affairs is knowingly due to the rise in the entertainment industry and people's desire to be entertained by reality TV shows and celebrity gossip rather than hear about the harsh reality of today's world.

Knowledge on current affairs is something that is imperative for our



Photographer: Miranda Griffin
Model: Frances Heaume

students to improve on, as it is a key factor of our lives and links us to others around us. The younger generation should begin to take an interest and have an understanding of the world around them, especially as things that are changing now will affect us in the future. An understanding of the present wars could prevent us from having similar wars in the future.

We think that this would help to influence students to be more actively involved in current affairs, we are the next generation of parents, of the workforce, and we have a duty and a right to be educated on current affairs.



SHOULD'VE GONE TO SPECSAVERS

Specsavers

You Are What You Drink?

By: Isabelle Morgan

There are growing concerns that drinking one can of soft drink per day could seriously increase the risk of getting Type 2 Diabetes – by up to a fifth – according to new research by scientists. Researchers believe that an insulin resistance to the high sugar content of the drinks may be the trigger of this disease.

Combined with this staggering statistic is also the concern that the consumption of fizzy drinks assists the development of cancer and dementia and can have a negative effect on the kidneys and liver. This information showcases just how detrimental fizzy drinks can be for one's health; more so than initially thought.

According to research, teenagers who drank more than five cans of soft drinks per week were 9 to 15% more likely to act aggressively towards family and friends and even to carry a weapon. Moreover, teenagers who consume sugary drinks on a regular basis are more likely to sleep less, wake up during the night and to be sleepier throughout the day, having obvious implications on concentration levels at school. These facts originate from a study on 200 teenagers aged 14 to 16, for a period of two weeks.

Moreover, experts suggest that health warnings similar to those on cigarette and tobacco packaging could prove to be effective on fizzy drinks bottles and cans. It can be said, however, that the drinks containing high levels of sugar are not the only causes for concern. The

chemicals aspartame and acesulfame potassium (K), found in diet drinks to replace sugar, also pose serious health risks.

Acesulfame K was approved as a

though, is the fact that teens are amongst those who drink the most fizzy drinks and at such a young age, such grave health problems need to be avoided.



'safe artificial sweetener' in 1988. Since the time of it being labelled as safe, however, several studies have been carried out to show that this chemical holds links to the development of breast, lung, and other rare types of tumour, several forms of leukaemia and chronic respiratory disease. Aspartame, too, carries health warnings. The regular consumption of this chemical can result in panic attacks, visual hallucinations, isolated dizziness, and nausea. The most concerning part of all,

What can one conclude from this bout of negativity with regard to fizzy drinks? The main piece of advice to be given here is to simply moderate consumption to avoid jeopardising one's health in the ways explored. Fizzy drinks, after all, are not all bad. They provide us with the quick energy boost that is often required and they are the ideal treat on a special occasion. Everything in moderation!

The College Voice wants to hear what you think on this and other stories by contacting griffinm@ladiescollege.ac.gg

This Month's Most Recommended Book and Film

Film: *The Great Gatsby* by Baz Luhrmann

By Anna Ogier

THIS adaptation of F. Scott Fitzgerald's novel follows the recently graduated from Yale, Nick Carraway, (Tobey Maguire) who is lured into the fantastical and lavish world of his newly acquired neighbour, the enigmatic, eccentric and very wealthy, Mr. Gatsby. Set in the roaring 1920s, in New York City, Leonardo di Caprio stars as this self-made millionaire who befriends the naïve Nick. However, there is an ulterior motive behind all of Gatsby's crazy parties, flash automobiles and his friendship to Nick, as it transpires it is all part of his plan to win back the love of Nick's cousin – Daisy Buchanan. Carey Mulligan successfully portrays this rather careless character. As the plot unfolds, all is not as great as it seems with Mr. Gatsby, as Nick begins to see the dark, tragic side to a lavish lifestyle and the dire effects of unrelenting love and inextinguishable hope. Luhrmann's presence is pungently suffused through this colourful kaleidoscope of CGI, strong acting and thumping soundtrack of modern pop. With artistic flair, synonymous with Luhrmann, this post-war period and the decay of the American dream is aptly brought to life – though one could complain of over the top visuals. However, before declaring its perfection, give the book a read, old sport.

Book: *Charlotte Gray* By Sebastian Faulks

By Clementine Thompson

CHARLOTTE'S experience occupies the main plot, so the reader learns enormous amounts about her character during the book. Faulks cleverly feeds us detail on Charlotte, mainly through her busy lifestyle in London, Scotland and France, but sometimes as tantalising memories from her childhood. In the beginning, Charlotte is a quiet, restrained woman who seeks to help out in the war effort. Her training for the G-section, an undercover operation, is exciting and entertaining, which brings out Charlotte's adventurous side. Charlotte proves herself to be a valuable member of the team, so when sent on an important mission in France, the reader realises her bravery, courage and devotion as a wife. This depth of character is one reason why 'Charlotte Gray' stands out from other books set in the Second World War.

Charlotte's mission takes place during 1942 and 1943. As well as her missing love, Charlotte has a difficult relationship with her parents. War is fundamental to Charlotte's story; the secretive G-section missions that take place are what cause Peter Gregory, the airman, to become lost. However, this organisation gives Charlotte the opportunity to visit France, primarily to deliver a radio crystal, but also for Charlotte to search for him.

In France, Charlotte becomes close to Julien, a man who played an active part in the French resistance. This led her to his Jewish father, Monsieur Levade, and the Jewish boys he rescued. With Hitler ruling Germany, racial segregation was apparent. Their plight as Jews is harrowing and still etched in my mind.

The tragic loss of life in war is not ignored, but the author adds interest by narrating individual stories: there was the gendarme who kindly did not seize the innocent French Jewish children, Andre and Jacob, despite being ordered to gather all the Jews in the town. Also, Julien, who hid the boys to save them from the police, and the women who cared for the orphaned boys. Faulks suggests by this that everybody is capable of extreme bravery, but it takes an awful war to unlock these powers.

Fortunately, tragedy is not the main theme of the novel. The overriding motif is love – Charlotte and Peter demonstrate the sustenance it provides by giving them the power to rise above the backdrop of evil and distrust, and to unite them as lovers.

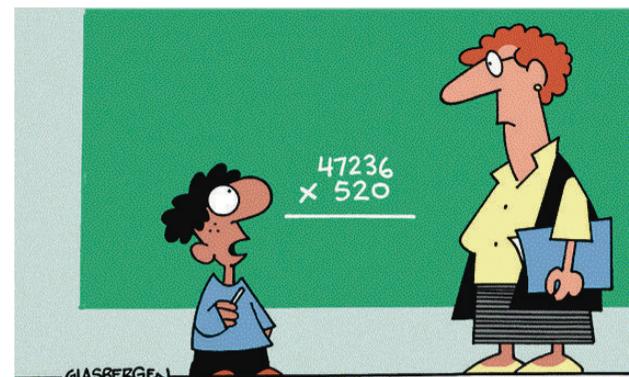
In a peaceful world, a woman would be reunited with her true love, and innocent children would not be murdered based on their race. But if you want to know how Charlotte's story evolves and what becomes of Julien, Monsieur Levade, Andre and Jacob, you'll have to read the book!

September Fun

By: Christina Hodgson

Race Your Friends With This Back To School Word Search

K F D V H W Q E D C V L L G L
 U S B N O B N X Y Z X S D A E
 I N S M M C I A B K U Z H W S
 Q N I W E T J M X A U U D U S
 U P A Y W L X S E J B L Y E O
 Y U E H O P T G Q L G C S E N
 M H D A R I U T E A C H E R S
 R D U V K L A D I E S V W A K
 U T C P B H V B K A L E V E L
 N E A J P J Q Y J B B Z Y K R
 I R T V V P S E P T E M B E R
 F M I A C A D E M I C U N N Z
 O O O C U R R I C U L U M H W
 R H N I T N H N C E Y V G Z R
 M P R I N C I P A L C J H Q S



"AREN'T THERE ENOUGH PROBLEMS IN THE WORLD ALREADY?"

Can you solve the problem?

- ACADEMIC
- ALEVEL
- CURRICULUM
- EDUCATION
- EXAMS
- GCSE
- HOMEWORK
- LADIESCOLLEGE
- LESSONS
- PRINCIPAL
- SEPTEMBER
- TEACHERS
- UNIFORM

No Need For Back To School Blues Read These!

Q: Why did the student throw his watch out of the classroom window?

A: He wanted to see time fly!

Q: How did the Geography student drown?

A: His grades were below C-level

Facts Of The Month!

- Walt Disney got fired from a local newspaper for not being creative enough.
- JK Rowling lost her secretary job because she spent too much time daydreaming about a preteen wizard.

Want to share a fact for next month's issue? See better jokes? Send them in! griffinm@ladiescollege.ac.gg





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