

The College Voice

Edition 10 - June 2014



The Ladies' College
Guernsey

In association with



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House Athletics

By: Miranda Griffin

HOUSE athletics is the day of the year for many! A chance to show off impressive skills, improvement from the year before or even attempt at beating a school record! The whole school gathered at Footes Lane to watch a variety of events varying from high jump, hurdles and other sprinting events.



Members of Carey used face paint to show support for their house

The pupils never fail to show enthusiasm for their houses, cheering their fellow house members on from the stands, as they sprint down the track. Carey in particular used face paint, tambourines, and posters to cheer on their team members.

It may all be about team spirit and taking part but the results will always remain very important! They

are as follows...

- 1st Brock
- 2nd Carey
- 3rd Durand
- 4th De Sausmarez

There were also many trophies awarded to girls that stood out this year.

Booth Rose Bowl for fastest 800m - Renee Hubert

Peet Cup for Excellence - Amy Sharpe and Rebecca Toll

Shaw trophy for Endeavour - Francesca Bown

Seymour trophy for Sprinting - Amy Sharpe

Well done girls, what a great school event yet again! I think it's safe to say that House Athletics is an event that many will remember when they leave school. Whether it be getting dragged into doing events you don't want to do or getting extremely competitive about winning the cup, we will always remember it.



A successful run to the finish line for Brock

Leavers' Day

By: Lauren Ogier

MAY 23rd was the last official day of school for the upper sixth, and it's safe to say it was a memorable one for the sixth form, teachers, lower school students and especially those in an exam who heard the screams of a terrified remove class.

Armed with a scary mask, an upper sixth student roamed the school peeping into the windows of classrooms, successfully entertaining and frightening the school. We also posted various signs around the building in an attempt to trick the students into thinking that a slide will be placed in the swimming pool, and lifeguard positions will be chosen later in the term. These harmless jokes are a way of celebrating our 7 years at school and adding a bit of



Ready For A Pub Crawl

fun to everyone's everyday regime.

After having photos with our classes and friendship groups, the upper sixth had a tea party. This involved copious amounts of food and a very special cake made by the canteen staff. This was a way of celebrating our time at school together as a year group, sharing memories and writing precious notes in each other's year books. Once we were fuelled with sandwiches, crisps and cake, we made a swift change into army costumes and trekked around the school chanting before heading into

town.

Although our leavers' day was fun and laughs there is a serious note that all of the sixth form would like to say. We just want to thank every teacher, member of staff and all of the wonderful students who have made our experiences at The Ladies' College so lovely and memorable. Wishing everyone good luck with their exams, it is over and out from the upper sixth.



Ms Riches cutting the cake made by the canteen



Class of 2014

Final Words

From the head girls:

Head Girl: Frances Heaume

Age: 18

Time at Ladies' College: 13 years

Post-School plan: University of Birmingham

Best Memory: Our Leavers' Day tea party

Final Words: Enjoy your time at school because although it may feel like you want to leave now, when the time comes you want to stay

Deputy Head Girl: Aisha Damrrell

Age: 18

Time at Ladies' College: 7 years

Post-School Plan: Study medicine at UCL if I get my grades, if not work and travel for a year and reapply

Best Memory: School hockey trips

to Jersey and the UK

Final Words: Take advantage of all your opportunities and get involved with as much as you can because it won't last forever. Treasure the memories you make at the school because it will be finished before you know it!

Deputy Head Girl: Chloe Page

Age: 18

Time at Ladies' College: 7 years

Post-School Plan:

Best Memory: The whole year coming together for a great Leavers' Day.

Final Words: I wish everyone the best of luck for the future, and enjoy your time at Ladies' College as it goes far too quickly

From the editor:

Age: 18

Time at Ladies' College: 8 years

Post-School Plan: Study Broadcast Journalism at University of Leeds

Best Memory: Maths classes with Mr Shepherd, sounds crazy but if you knew him you'd understand. Hero.

Final Words: I want to say a massive thank you to everyone that has helped me make this paper happen. It started off as an idea to give myself some journalistic experience and has blossomed into a great paper where people can practise their writing skills, feature in an article or keep up to date with local news. I wouldn't have been able to do this without the help of Ms Riches and the newspaper team, so thank you. It's been a great experience and I hope the paper brings as much joy to the next team. Good luck!



Aisha Damarell, Frances Heaume, Chloe Page



Another Cold War

By: Anna Ogier

WHETHER someone is a hard-core microbiologist wannabe or despises anything vaguely scientific; it is important that we are up to date with the latest scientific news; for whether we like it or not, it will affect us. It should hopefully have come to many people's attentions that there is a war being waged – and no, this one is not involving spy-planes and broken treaties, but rather humanity as a whole versus the superbug. The ability for bacteria to resist antibiotics is growing at an alarming rate. Just over a month ago the World Health Organisation issued this very statement:

"A post-antibiotics era in which common infections and minor injuries can kill, far from being an apocalyptic fantasy, is instead a very real possibility for the 21st century."

Antibiotics are essential medicines for the treating of bacterial infections. Simply put, a certain bacterium will have undergone a chance mutation resulting in a "resistant gene". So, at a later point when an antibiotic is administered to a per-

son to kill this bacterial infection, most bacteria will be killed except that which has this resistant gene. This bacterium will then go on to reproduce, increasing the frequency of the resistant gene. Then, as bacteria spread due to poor hygiene and other factors, such resistance can even be passed between species. Some bacteria have even become resistant to multiple antibiotics- these are the super bugs.



But what does this mean for us? Currently there are no alternatives to take the place of antibiotics in the medical world, and pharmaceutical research has not kept up with this growing resistance to antibiotics. Chemotherapy and simple surgery that is reliant on antibiotics could no longer be viable options. Much like some other war time five year plans,

in 2013 the UK's Department of Health launched a five-year Anti-microbial Resistance Strategy. Strategies being discussed involve financial incentives for pharmaceutical companies to undergo research in to finding more drugs and reducing intensive farming of animals to limit spread of animal infections and their frequent consumption of antibiotics. Let's hope it will all be over by Christmas...

[Disclaimer: The common cold is caused by viruses not bacteria and so antibiotics have no effect on the viral stage of a cold...]



SHOULD'VE GONE TO SPECSAVERS

Specsavers



World Health Organization

June Fun!

Seeing as the sun is out it's probably time we start thinking about ice cream



Q: What did the pig say at the beach on a hot summer's day?

A: I'm bacon!

Q: What do you call a french guy in sandals?

A: Phillippe Phloppe

Q: What clothes does a house wear?

A: Address

Q: Why were the teacher's eyes crossed?

A: Because she couldn't control her pupils



Ice Cream Wordsearch



Famous birthdays in June!

- June 7th - Liam Neeson
- June 8th - Kanye West
- June 14th - Alan Carr
- June 21st - Rebecca Black
- June 23rd - Jason Mraz
- June 25th - Ricky Gervais
- June 27th - Ed Westwick
- June 30th - Cheryl Cole

Test your friends to see if they can guess what animal you are. Cover the answers!

banana split

chocolate

cold

cone

ice cream

oyster

sprinkles

sundae

vanilla

wafer



- I am the tallest, but not heaviest land animal. I have a long neck to pluck leaves off the high trees (giraffe)
- I am an African animal with black and white stripes. One of my closest relatives is a horse (zebra)
- I am the largest living shark species, but i am completely harmless to humans. I am slow and I have many rows of tiny, tiny teeth (whale shark)

This Month's Film And Book Review!

Book: Tell Tale
By: Sam Hayes

By: Louise Enevoldsen

“A woman stands on a bridge, the water rushing below. In a few seconds she will jump, plunging more than two hundred feet to her death. Who is she? And what has driven her to take her own life?”

Nina Kennedy, a wife and mother, is afraid. A man is following her, threatening her family, toying with her sanity. What does he want? And how long will it be before he strikes?

Eight-year-old Ava is waiting for her daddy. But, just like the others in the children's home, her father never comes. The home is a place of whispers and shadows. But no one dare tell the truth. Until now...”

Although the plot of this thriller blends three stories and characters together, it just makes it more intriguing and gripping. The characters within have different stories to tell, each one more horrific and compelling yet they all share in one common place. You need to start, as a reader, questioning whether the characters are innocent or guilty, and how they are all connected. The subject matter for each character is rather grotesque and horrifying and thus suggested for an older reader. However it is a thriller and gives you the morbid storyline to achieve this genre. It is fast paced and dark with a twisting plot line and a variety of suspects to keep you guessing. As

the ending approaches, you may think you are right, but you are wrong. For a gripping, hard hitting read which will leave you overwhelming satisfied. This book is five stars

Film: Bad Neighbours
Director: Nicholas Stoller
Rating: 15

Starring: Seth Rogan, Zac Efron, Dave Franco, Rose Byrne

By: Miranda Griffin

If Zac Efron and Dave Franco haven't already tempted you to watch this film then I advise that you do.

A married couple, with a baby that desires her sleep, move in next door to a frat house. Recipe for disaster! The couple attempt to become the

“cool” parents by befriending them in order to earn their respect so that they will keep the noise down. However, little do they know, the frat house are trying to befriend them so that they don't call the police when the noise is too loud!

Getting dragged into numerous parties, the couple feels they are unable to call the police. However, when things go too far they feel that is all they can do. This results in a broken friendship between neighbours and war breaks out. The couple is faced with dealing with the noise or selling the house. However, selling the house could be difficult when there's a frat house next door! I won't spoil the film by revealing what they decide to do but I can ensure you that the film will bring many laughs! Watch it!



Zac Efron in Bad Neighbours

In A League Of Our Own

The 2014 Commonwealth Games By: Clemantine Thompson

6500 athletes. 71 nations. 17 sports. 11 days. It is not long until the XX Commonwealth Games, here is all you need to know!

What are the Commonwealth Games? The Commonwealth Games are much like the Olympic Games; they are held every four years and feature elite athletes competing over a variety of sports. The Commonwealth Games are unique as they are based on historical linkage between countries. The Commonwealth is an organisation of countries that were mostly territories of the former British Empire.



Clyde, the official mascot for the games!

When and where: The games are being held in Glasgow. This is the third time the Games have been hosted in Scotland, but the previous Games were in Edinburgh. The 2018 Commonwealth Games will be at the Gold Coast, Australia. The opening ceremony is on July 23rd.

Who to look out for: So far there are 37 athletes set to represent Guernsey in Glasgow. Some familiar names include: Toba Horton (cycling), Chris Simpson (squash) and

Alice Loveridge (table tennis). Also, the popular Jamaican sprinters, Usain Bolt and Yohan Blake, who have not yet done a Commonwealth Games, should be competing in Glasgow. Olympic Champion Jessica Ennis will be competing in the Heptathlon.

The sports: Aquatics, Athletics, Badminton, Boxing, Cycling, Gymnastics, Hockey, Judo, Lawn Bowls, Netball, Rugby 7s, Shooting, Squash, Table Tennis, Triathlon, Weightlifting and Wrestling. The 17 sports at the games comprise of ten core sports and seven selected sports. Compared to the previous games in Delhi, Basketball and Judo have been added and Archery and Tennis dropped from the program.

Trivia about the Games: The Games have three core values: Humanity,

Equality and Destiny. In 1998, the Queen's Baton was carried into the stadium on an elephant. The mascot for the XX Commonwealth Games is Clyde, the thistle man! You can follow Clyde on twitter, @Clyde2014

House Tennis:

HOUSE tennis was a great event this year. It may have been raining outside but thanks to the Indoor Tennis Centre the teams were able to continue! For many it was a chance to put their skills from tennis lessons into practice and for others it was their first time playing a tennis match! Overall, everyone played excellently.

The results were as follows...

- 1st Carey
- 2nd De Sausmarez
- 3rd Brock
- 4th Durand



Harriet Laws and Lucy Meader



Catherine Hagerman and Camitch Smith





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specsavers.co.uk

