



Melrose & Pre-Preparatory Department
Michaelmas Term 2024



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish	Mild beef chilli with steamed rice, nachos and sour cream	Jacket potato with tuna, cheese, beans and salad	Roast chicken, stuffing, roast potatoes, rustic root veg mash and gravy	Homemade Turkey Schnitzel with creamed potato and buttered carrots	Crispy chicken tortilla wrap with salad and curly fries
Green Dish (V)	Roasted cherry tomato, basil and mozzarella galette with salad	Saag Aloo curry with rice, poppadom and mango chutney	Mrs Noi's Pad Thai with prawn crackers	Veggie chilli stuffed taco shells with shredded lettuce and cheese	Mild Arrabbiata pasta with Parmesan cheese and salad
Salad Dish	A salad bar is available every day with ham, cheese, tuna or chicken on different days				
Dessert	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter
	Homemade banana loaf	Homemade fruit yogurt	Apple crumble with Chantilly cream	Greek yogurt and a summer fruit coulis	Homemade raisin and oat cookie



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish	Tomato and pesto penne pasta with pancetta topped with Parmesan cheese	Mild chicken curry with rice, naan bread and mango chutney	Pommier sausages with mash potatoes, gravy and vegetables of the day	Lasagna with a garlic and herb slice	Chicken breast bites with fries and salad or slaw
Green Dish (V)	Potato, spring onion and cheese frittata with salad from the bar	Homemade Yorkshire puddings with Ratatouille	Mac and cheese	Veggie bangers, mash, peas and onion gravy	Mexican tortilla tart topped with cheese and tomato salsa
Salad Dish	A salad bar is available every day with ham, cheese, tuna or chicken on different days				
Dessert	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter
	Homemade fruit muffins	Homemade fruit yogurt	Fruit sponge and custard	Greek yogurt and a fresh fruit coulis	Peach Melba