



## Senior School Lent Term 2024



### Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
<b>Main Dish</b> £3.80	Jacket potato with tuna mayonnaise, baked beans, grated cheese and mixed salad	Mild chicken curry with rice, naan bread and mango chutney	Honey roast ham, potato wedges, sweetcorn and gravy	Homemade fish goujons with mashed potato, peas and tartar sauce	Lunch brunch, chipolata sausage, bacon, hashbrown and baked beans
<b>Green Dish (V)</b> £3.80	Roasted red pepper and mozzarella frittata served with paprika wedges and salad	Creamy baked gnocchi with spinach and roasted squash served with garlic bread	Mrs Noi's vegetable pad thai	Vegetable chilli nachos topped with cheese and sour cream	Pea and pesto risotto with rocket salad
<b>Big Bowl Salad</b> £3.80 ** inc fish/seafood +60p	Salad of the day				
<b>Boxed Salads</b> £3.80 ** inc fish/seafood +60p	A selection of boxed salads will be available				
<b>Open Breads</b> from £2.95	Selection of freshly made baguettes and wraps				
<b>Dessert</b> £1.30	Banana muffins	Chocolate Angel Delight	Seasonal fruit compote and custard	Frozen fruit yogurt	Waffles with chocolate sauce and Chantilly cream
<b>Treats</b> from £1.30	A tempting selection of fruit, cakes and biscuits are always available				



## Senior School Lent Term 2024



Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
<b>Main Dish</b> £3.80	Pasta Napoletana with pancetta, Parmesan cheese and garlic bread	Breaded chicken escalope with creamed potatoes, buttered carrots and a chicken jus	Roast joint of the day, stuffing, roast potatoes, seasonal vegetables and gravy	Beef lasagna with peas	Crispy chicken tortilla wrap with curly fries and salad
<b>Green Dish (V)</b> £3.80	Cheddar cheese and tomato omelette with new potatoes and mixed salad	Oriental vegetable noodles topped with a fried egg	Vegetarian shepherds pie with sweet potato mash	Sweet corn fritters with mint raita	Ratatouille topped puff pastry slice with a basil and tomato sauce
<b>Big Bowl Salad</b> £3.80 ** inc fish/seafood +60p	Salad of the day				
<b>Boxed Salads</b> £3.80 ** inc fish/seafood +60p	A selection of boxed salads will be available				
<b>Open Breads</b> from £2.95	Selection of freshly made baguettes and wraps				
<b>Dessert</b> £1.30	Fruity tray bake	Fruit jelly	Apple crumble and custard	Homemade carrot cake	Vanilla ice cream and wafer
<b>Treats</b> from £1.30	A tempting selection of fruit, cakes and biscuits are always available				