



29th June 2023

Dear parents and guardians,

Alternative Curriculum Week: Lower Fourth

We are pleased to confirm the itinerary for next week's activities, and a kit list for Herm on the reverse of this letter. **Your consent is required for your daughter to participate in ACW.** Please be aware that the session with Outdoor Guernsey in Herm will include water-based (Kayaking) activities and Archery. These activities are led and supervised by qualified instructors. Please read the itinerary below and indicate your consent using the link to the online reply form **by the end of this week.**

<https://forms.office.com/e/BFqgkVLuc3>

Itinerary

Monday 3 July

- 08:25 registration at college. Wear comfortable mufti, appropriate for a school day.
- Intel Tablet Academy (Core open at break and lunch as normal).
- 15:30 Students dismissed.

Lower 4 Camp at Herm July 2023 – Itinerary

Tuesday 4th July

0825-12:15 hrs	Students arrive at College for registration with charged laptop and rucksack PACKED and ready for camping INTEL AI session
13:15 – 15:15pm	INTEL AI session
15.15 - 15:40pm	Laptops stored in lockers. STUDENTS MAY WISH TO BRING IN A PADLOCK
15:40pm	Register students on the lawn
15:45pm	Bus from College to harbour for Herm ferry
16:15pm	Herm Ferry departs Guernsey
16:40pm	Arrive in Herm Bags transferred to Seagull campsite. Students and staff walk to campsite.
17:00pm	Meet, register and go through arrangements, itinerary and rules for the camp
17:15 – 18:15	Free time at campsite – Rounders, 40-40, frisbee.
18:15pm	Register and walk down to The Mermaid
18:30pm	Evening Meal – The Mermaid
19:45pm	Return to Camp - Evening social time. Opportunity to contact home before bed.

Wednesday 5th July

Shell Beach – Outdoor Guernsey and beach games

07:30 – 08:30hrs Students wash, make own breakfast and clear up

08:30 – 08:45hrs Morning Meeting & register

08:45 – 09:30hrs Students pack up sleeping bags etc and place in area for pick up.
Get rucksacks ready for Outdoor Guernsey and beach games

09:30 - 1000hrs Staff and Students Walk down to Shell

10:00 – 12:00hrs Beach games/Outdoor Guernsey activities

12:15 – 13:15hrs Packed lunch at Shell

13.15 - 14:35hrs Afternoon beach activity

14:35 Leave Shell beach and walk to harbour. Time for Herm shop
visit/ice-cream

15:35 Ferry departs

**Parents to collect their daughters from Travel Trident
at 15:55pm**

Thursday 6 July

We return to normal school timings. In the morning we will have a whole school **House Taskmaster Competition** in the hall. Melrose are holding their summer fete on the Guild Field, and Senior School students will have time during the morning to visit the stalls, so bring lots of 50ps!

In the afternoon, the Senior School and Sixth Form will be bussed down to La Valette bathing pools for our annual **House Swimming Competition**. Students will be **dismissed from La Valette at 15:30**.

Friday 7 July

Normal school timing at the start of the day. We will hold our traditional end-of-year assembly, followed by a new event; **Ladies' Got Talent** in the hall, before we finish for the summer break at 12:30.

Payment

The cost of the week is £70 per student. The deadline for payment has passed, so if you have not yet paid, please do so immediately, using the following details:

Account: The Ladies' College

Sort code: 60 09 20

Account number: 06017614

Ref: ACW/L4 *surname*

Best regards,

James Henderson

James Henderson

Deputy Principal (Co-curricular & Community)

Carrie Gribbens

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Year Coordinator (Lower Four)



HERM KIT LIST

Essential Items:

- Rucksack or large holdall
- Small rucksack or day bag for use during activities
- Sleeping Bag / pillow/ sheet
- Torch
- Personal wash kit (soap, shampoo, deodorant, toothbrush and toothpaste)
- Wash towel and flannel
- Hairbrush and bobbles
- Personal sanitary Items
- Comfortable clothes (warm jumper or hoodie for the evening – it will get cold)
- Underwear and socks
- Suitable nightwear (and sleeping socks)
- Flat walking shoes / trainers (not flip-flops or sling backs) for activities.
- Waterproof jacket
- Swim wear (swimsuit, rash vest or old t-shirt and flip-flops)
- Beach towel/wrap
- Labelled plastic bag for wet and dirty clothes
- Sun cream and after-sun as we are hoping for good weather! (This will need to be self-applied, so please consider the type you purchase)
- Sun hat and sunglasses
- Refillable named water-bottle (no glass)
- A small amount of pocket money to spend in the shop or to purchase additional soft drinks.
- Labelled medication – Please discuss this with staff as additional inhalers, epi-pens etc will need to be provided and handed over to staff on Tuesday morning.

Non-essential Items:

- Mobile phone (and charger) – however, use is restricted to during evening social time only to call home. It may be simpler to leave at home as they will be taken care of by the girls at their own risk.
- Books and games
- Snacks

Our no nuts policy is essential on this trip. Please ensure that any snacks taken by your daughter adhere to this strict policy for the safety of all our students.