



25<sup>th</sup> April 2023

Dear Parents/Guardians

### **Duke of Edinburgh's Silver Practice Expedition**

I am pleased to be able to share with you the itinerary for our Silver Practice Expedition to The Peak District. The group will be accompanied by myself and local supervisor and assessor Jon Bell. Upon arrival in The Peaks, the expedition will be run by DofE Approved Activity Provider, 'The Adventure Element'. To find out more about the Activity Provider, you can access their website at <https://www.theadventureelement.co.uk/>.

A guidance pack for participants and parents has been provided to help in your preparations for the trip. This includes details of Practice and Qualifying Expeditions. I would advise you to read the pack thoroughly in advance of the first expedition. Most team kit will be provided when we arrive in The Peak District, but individual kit will need to be packed as detailed in the guidance. Girls should ensure there is room in their rucksacks to add group kit on arrival.

We will be meal planning prior to departure and groups will be expected to have the majority of their expedition food packed to bring with them. We have, however, arranged an opportunity to purchase any fresher items that may be needed on arrival.

Due to the nature of the award, students will be remotely supervised at specified times. During these times we will expect that the girls: stick to their planned route; notify their supervisor if they will not reach their allocated checkpoints at expected times; always remain in their groups. Students will be able to contact their supervisors and myself on their emergency phones at all times. Each group will also be provided with a tracker during their expedition so they can be easily located.

Supervisors will be onsite overnight and accompanying staff will remotely supervise from nearby accommodation and be available throughout the night if needed.

### **Silver Practice Expedition Itinerary**

#### **Friday 26<sup>th</sup> May**

*Please bring a packed lunch*

5.30am - Meet at Guernsey Airport and check in

6.50am - Depart on GR670 to Manchester

8.20am - Arrive in Manchester, collect baggage and walk to train station

9.17am - Train from Manchester Airport to Bamford via Manchester Piccadilly

10.37am - Arrive at Bamford Station and meet supervisors

10.40am - Walk to Glenbrook Activity Centre

11.00am - Commence training and preparation for practice expedition (there will be an opportunity to visit Hathersage to purchase any additional food items for expedition).

7.00pm - Evening meal (included)

8.00pm - Overnight camping at Glenbrook Activity Centre

### **Saturday 27<sup>th</sup> May**

8.00am - Breakfast

9.00am - Pack kit and commence journeying along planned route (remote supervision)

4.00-5.00pm - Arrive at Glenbrook Activity Centre, set up camp, cook evening meal and camp

### **Sunday 28<sup>th</sup> May**

8.00am - Breakfast and strike camp

9.00am - Journey along planned route (remote supervision)

4.00-5.00pm - Arrive at Pindale Farm, set up camp, cook evening meal and camp

### **Monday 29<sup>th</sup> May**

7.30am - Strike camp

9.00am - Coach transfer to Manchester Airport

9.45am - Arrive at Manchester Airport (please bring money for breakfast at the airport)

10.10am - Check in

10.30am - Go to departures, opportunity to eat and shop (remote supervision)

12.10pm - Depart on GR671 to Guernsey

1.35pm - Arrive in Guernsey and collection

Please complete the online form (<https://forms.office.com/e/9RPxiZA8rE>) to consent to your daughter's participation in the practice expedition by Friday 5<sup>th</sup> May.

**Emergency contact during the expedition:** Miss E Johnson 07781 158044

**Emergency contact on island during the expedition:** Mr J Henderson 07781 415057

If you have any questions or queries relating to the expedition, please do not hesitate to contact me on 01481 721602 or via e-mail at: [ejohnson@ladiescollege.ac.gg](mailto:ejohnson@ladiescollege.ac.gg)

Yours sincerely,



Miss E. Johnson

**Duke of Edinburgh's Award Coordinator**