



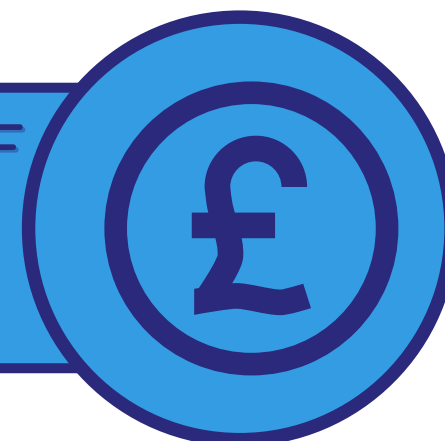
The Wellbeing Hub

WEBINAR PROGRAMME

The Wellbeing Hub offers a proactive approach to children and young people's mental health & wellbeing. Take some time to learn about the issues our young people are facing - book your place on our webinars today.

Join US

FREE FOR MEMBERS OF
THE WELLBEING HUB;
£7.99 FOR GUESTS



LIVE
WEBINAR



ONLINE SAFETY: THE LATEST RISKS & OPPORTUNITIES, THURSDAY
19TH JANUARY, 6:30PM

With Karl Hopwood, an Independent Online Safety Expert



PERSONAL SAFETY: SUPPORTING YOUR CHILD TO NAVIGATE THE
TEENAGE YEARS, WEDNESDAY 15TH FEBRUARY, 6:30PM

With Andy Privett, Founder of Streetwise365, a company that designs
personal safety & de-escalation programmes for schools and parents.



NAVIGATING THE COMPLICATED WORLD OF SIBLING RELATIONSHIPS,
WEDNESDAY 22ND MARCH, 6:30PM

With Dr Tamara Scully, Clinical Psychologist & Expert in The Wellbeing Hub



CHANGING THE WAY WE TALK ABOUT DISABILITY, WEDNESDAY 19TH
APRIL, 6:30PM

With Amy Oulton, Disability Inclusion Tedx Speaker

HOW TO REGISTER:



Members Register [Here](#)



Guests Register [Here](#)



Become A Member [Here](#)



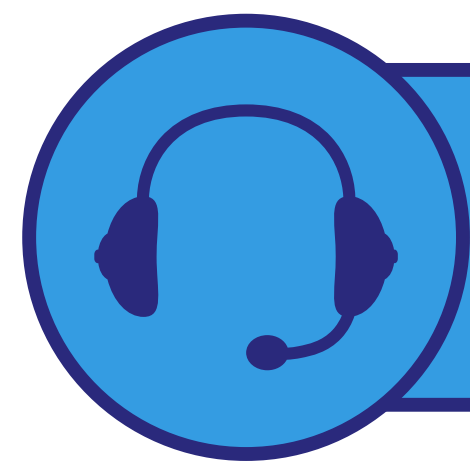
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**LIVE
WEBINAR**



**AUTISM & GIRLS: WHY THE PRESENTATION IS SO DIFFERENT,
WEDNESDAY 26TH APRIL, 6:30PM**

With Tessa Morton, Cognitive Behaviour Therapist (CBT) & Co-Founder of ActforAutism



**MANAGING ANGER AND OTHER DIFFICULT EMOTIONS, WEDNESDAY
17TH MAY, 6:30PM**

With James Hawes, an experienced psychotherapist and an accredited member of the British Association for Counsellors and Psychotherapists.

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