

	Monday 27th	Tuesday 28th	Wednesday 29th
AM	0800 Meet at Inter Island Quay 0830 Depart for Sark 0900 Arrive in Sark 1000 Collect Bikes (Avenue cycles) 1030 Settle at camp 1130 Visit to Caragh Chocolates	0800 Reveille and breakfast 0830 Meet outdoor Guernsey @Island Hall to collect kit 0930 Outdoor Guernsey – kayaking and coasteering @Dixcart Bay	0830 Reveille and breakfast 0930 Break camp and inspection 1000 Return bicycles 1030 Meet at harbour 1115 Depart for Guernsey 1215 Arrive in Guernsey Coach to LC
Lunch	1300 Packed Lunch	1200 Packed Lunch	1300 Lunch at LC
PM	1400 Bicycle treasure hunt 1700 Return to camp	1300 Swimming and beach games @Dixcart Bay 1700 Return to camp	1400 Games at LC 1530 Home
Dinner	1830 Dinner	1830 Dinner	
Evening	1930 Task Master Tasks 2230 Star gazing and observatory visit 2330 Bed time & lights out	1930 Yoga/Qigong @Main Hall 2100 Return to Camp 2200 Bedtime 2230 Lights out	