



15th June 2022

Dear Parents/Guardians,

Lower Four Herm Residential Trip – 27th – 29th June

Thank you for the return of our initial letter and permission slip, and accompanying payment for our Herm residential trip.

I would like to take the opportunity of providing further information on our trip, in addition to the itinerary you have recently been sent.

We will be staying as a group at the *Seagull Campsite* in their equipped six and eight person tents. There are toilet facilities and heated coin operated shower facilities on site (**please bring some £1 coins**). The tents are fully equipped, therefore limiting the need for the girls to bring large luggage with them. The girls will, however, need to provide their own bedding/sleeping bag and lighting. We will be utilising the kitchen facilities at the campsite, and the students will have the opportunity to prepare their own breakfast and healthy lunch during their stay. They will be supported by staff during this process and rest assured, we will guarantee that all food and snacks support the dietary needs of the girls on the trip.

As specified in the original itinerary, evening meals will be provided at the Mermaid. Please note your student will need a packed lunch on Monday. Please be sure to adhere to the College's usual nut policy.

In addition to bedding and lighting, we suggest students pack the following essential items for our trip:

- Small rucksack or day bag for use during activities
- Sleeping Bag / pillow
- Torch
- Personal wash kit (e.g. soap, shampoo, deodorant, toothbrush and toothpaste), or shared equipment between friends.
- Wash towel
- £1 coins for coin-operated showers
- Comfortable weather appropriate clothes for two days activities (warm jumper or hoodie for evenings, sun hat and beach clothes during the day)
- Suitable nightwear
- Flat walking shoes / trainers (not flip-flops or sling backs) for activities, plus an extra pair of wet shoes (see below) to wear during Outdoor Guernsey activities

- Swim wear (your own wetsuit or some shorts and a rash vest/polyester t-shirt to wear (no cotton), along with some water shoes or trainers they don't mind getting wet (no crocs or flip flops).
- Beach towel/wrap
- Labelled plastic bag for wet and dirty clothes
- Sun cream and after-sun (this will need to be self-applied, so please consider the type you purchase)
- Refillable named water-bottle (no glass)
- Necessary medication which will be handed in to Mrs. Appelqvist on arrival
- Mobile phone (the girls are allowed their phone on this trip, however we encourage them to use it infrequently and preferably only for emergencies.)
- Padlock for charging cupboard (optional)
- Books and games (optional)
- Snacks (optional and no nuts please)

Please note, we will be departing on **Monday 27th June**, please drop off your student at the **Liberation Monument by 8.45** at the latest. The students will be registered on arrival; all medication must be labelled and handed to me. We will be returning on **Wednesday 29th on the 2.35 boat**. If your student is not joining us for the full trip, please email me so that we can discuss.

As trip lead, I will be the emergency contact: a contact number will be provided shortly. For non-urgent enquiries please email me at sappelqvist@ladiescollege.ac.gg. I will endeavour to check my emails each evening. Where possible, please do contact me rather than your daughter, as we will be encouraging the girls to be present, and away from their phones while we are away.

For further information please see our PowerPoint attached.

As always, we are happy to discuss any aspects of the proposed trip so please do not hesitate to contact me.

Yours sincerely,

Sophie Appelqvist

Mrs S. Appelqvist
Lower Four Year Co-ordinator