



29 April 2022

Dear Parents and Guardians of The Ladies' College,

The States of Guernsey have updated guidance in respect of Covid measures, with effect 1 May 2022. As such, when we return to College following the Monday Bank Holiday, the below will have come into effect.

The key message for our College community is that whilst vigilance should still be exercised, it is now possible for us to resume the majority of usual activities.

For pupils and students from Pre-Preparatory to Sixth Form

- Face-coverings are no longer a recommendation throughout our setting; however, individuals may choose to continue to wear these and will be supported in doing so.
- Pupils and students should not attend school if unwell or displaying any symptoms.
- If showing COVID-19 symptoms, however mild, **stay home if unwell, seek medical treatment / diagnosis from primary care, as appropriate. If symptomatic take an LFT (if the first test is negative, repeat after 24 hours).** Pupils and students may return once their symptoms have cleared.
- There is some evidence that children have a shorter duration of illness compared to adults. **Children and young people who get a positive COVID-19 result should stay at home and avoid contact with other people for 3 days after the day of a positive test. They can go out on Day 4 if they are asymptomatic.** (No test to release is advised, unless specifically required by a Health and Care Setting.) **There is no longer a requirement for parents/guardians to complete an 'early' return to College form, as previously.**

For all members of our College community

- All individuals should continue to follow positive hygiene measures
- Regular hay fever sufferers should take appropriate medication to reduce symptoms and take an LFT as needed.
- Free LFTs will remain available for testing of symptomatic people who do not require medical care. Please test if you are symptomatic (if the test is negative, please repeat after 24 hours)

As always, we will continue to follow updated guidance from the States, and we thank everyone for their ongoing support and adherence to the guidance in place.

Yours sincerely

Elizabeth Bridge

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Vice Principal, Bursar & Clerk to the Governors