

PSHCE: Senior School & Sixth Form

Introduction

This policy outlines our approach to Personal, Social, Health, Citizenship and Economic Education at The Ladies' College Senior School & Sixth Form.

In conjunction with this policy, please also see:

- Anti-bullying policy
- Child protection policy
- Equal Opportunities policy
- RSE Policy
- Wellbeing Policy
- E-safety advice

Rationale and Ethos

PSHCE Education is the school subject through which children and young people acquire the knowledge, skills and attributes they need to stay healthy, safe and thrive now and in the future.

Our PSHCE curriculum is based on recommendations from the PSHE association including statutory RSE and incorporating elements of our whole College e-safety programme. The needs of our own students are considered in designing a programme that addresses topics most relevant to them at an age-appropriate time.

Each year, students will follow themes of:

- Health and well-being
- Relationships
- Living in the wider world

Intended Outcomes

PSHCE is an important element of our Pastoral Provision at The Ladies' College. It proactively supports the development of the skills, attitudes, values and patterns of behaviour, which enable our students to:

- Respond positively to challenges as they occur
- Value themselves and other
- Form positive relationships and as a result be active citizens within the local community

- Make and act on informed decisions to support health and wellbeing
- Communicate effectively
- Appreciate British Values with regard to democracy, the rule of the law, individual liberty, respect and tolerance.
- Understand steps to take to achieve economic wellbeing
- Plan a pathway to their future career

Planning and Timetabling

PSHCE is taught through a 'spiral programme'. We teach recurring themes where the level of demand and depth increases and learning deepens as students progress through the College.

Appendix 1 shows an overview of topics covered in the Senior School and Sixth Form.

PSHCE is taught as a discreet subject in Remove and Lower Four for 30 minutes per week by a member of the PSHCE department. Many more complex and sensitive aspects of the curriculum are delivered by specialists from outside agencies. External agency lessons extend through tutor time to allow 60 minutes. In Upper Four to Upper Five PSHCE is taught for a dedicated 60-minute period.

In the Sixth Form, Lower Sixth students benefit from an enrichment program which incorporates some PSHCE and is co-ordinated by The Head of Sixth Form. The programme changes annually but an example overview Is shown in appendix 2.

Creating a Safe Environment

PSHCE education works within students' real life experiences and it is essential to establish a safe learning environment. This is achieved by:

- Clear 'ground rules' and a confidentiality policy that is understood by all.
- creating a safe and supportive learning environment where students feel comfortable discussing emotive and sensitive topics.
- Reinforcing positive social norms
- Using inclusive language and celebrating diversity
- Signposting local and national agencies as well as support within College.

Special Educational Needs

Pupils with special educational needs will be given the opportunity to fully participate in PSHCE lessons, and a differentiated program will be provided where necessary, to ensure that all pupils gain a full understanding.

Equalities and Diversity

Schools, like all public institutions, have specific responsibilities in relation to equality and protected characteristics. All PSHCE is taught without bias and in line with legal responsibilities such as those contained within the Equality Act (2010). Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect others that may have different views.

The personal beliefs and attitudes of staff delivering PSHCE will not influence the teaching of the subject in school. In our school we seek to recognise and embrace the diverse nature of our community. We aim to value and celebrate religious, ethnic and cultural diversity within British society. We will explore different cultural beliefs and values and encourage activities that challenge stereotypes and discrimination and present children with accurate information based on the law. We will use a range of teaching materials and resources that reflect the diversity of our community and encourage a sense of inclusiveness.

Safeguarding

PSHCE plays a vital part in meeting schools' safeguarding obligations. PSHCE provides a preventative programme that enables pupils to learn about risk. PSHCE brings an understanding of what is and what is not appropriate in relationships, which can lead to a disclosure of a child protection issue.

The curriculum helps pupils understand mental health, on and offline safety, consent, sexual violence, harassment and exploitation, and works in conjunction with the school's Safeguarding and Anti-bullying policies.

External agencies that support PSHCE will at all times be accompanied by College teaching staff during their lessons.

Confidentiality

In the case of **disclosure or suspicion of possible abuse**, The College's Child Protection procedures must be followed immediately (see CP policy).

In the case of **disclosure of pregnancy or individual advice on contraception**, the following procedure should ensure that students know they can talk to staff in College and be supported:

• Information and guidance will always be sought from a health professional. The College will encourage students to talk to their parents first.

• Students will be asked whether they can tell their parent(s) and whether they want help in doing so. If this takes place, subsequent responsibility lies with the parent(s).

• If students refuse to tell their parent(s), the member of staff will refer them to a health professional. The member of staff should report the incident to the Principal who will consult with the health professional about informing the parents.

Involving Parents

This policy along with a curriculum outline are accessible on the College Website. PSHCE and RSE are discussed with parents annually at our Key Stage 3 and Lower Five curriculum evenings.

Marking, monitoring and assessment

PSHCE lessons vary in their format and are often based around class discussion and group work. Where appropriate, written tasks are completed in PSHCE exercise books.

The department follow 'The PSHE association Guide to Assessment in Secondary Education' to monitor student progress.

- Ipsative assessment should be used to gauge progress. Where appropriate, baseline assessments should be used at the start of a lesson or series of lessons and be revisited at the end to enable students to reflect on their learning.
- Verbal feedback should enable students to self-assess their work in lessons.
- Where books have been used for written tasks, they should be reviewed by staff each half term.
- Staff should use their discretion to ensure any written tasks that may be sensitive in nature are reviewed in a timely manner.
- Agency support lessons tend to be assessed verbally and through group tasks.
- Interims and reports are completed in line with the whole college assessment policy.

Wider College Provision

All tutor groups in Key stages 3 and 4 have a 30 min tutor period, which is overseen by The Deputy Principal (Pastoral) and supports PSHCE. An example programme is shown in Appendix 3.

The Decider skills programme (**www.thedecider.org.uk**) is delivered predominately through Tutor Time sessions. It provides a series of life skills to measure feelings against, activities and strategies to cope with 'life's' anxieties, opportunities to evaluate and reflect on behaviour. Decider skills are also included in student planners, parent handbooks, assemblies (on screens around College) and signposted in form rooms. The College counsellor runs lunchtime sessions linked to tools and strategies to support different aspects of our mental health including anxiety and Decider Skills is included in this programme.

Topics are also supported by the assembly rota, which is devised by The Deputy Principal (Enrichment) and changes annually. An example programme can be seen in appendix 4.

Overview of PSCHE Subject content based on PSHE association recommendations:

Each year, girls will cover the following topics:



Below is an overview of our programme of study from Remove to Upper Five:

| | Remove | Lower Four | Upper Four | Lower Five | Upper Five |
|--------------|---|---|---|---|---|
| Michaelmas 1 | Transition and Bullying | Mental health and links to physical health | Safe and unsafe social groups, Risks associated with alcohol and drug use | Mental health and emotional well-being | Next Steps (Careers), post 16 options |
| | | | | | E-safety (age related access) |
| Michaelmas 2 | Skills for careers (run, hide, tell) | Careers, goal setting and challenging stereotypes | E-safety (identifying harmful content) Building skills for employment, GCSE choices | The impact of financial decisions (run, hide, tel() | Mental health and emotional well being Domestic abuse |
| Lent1 | Drugs, tobacco, puberty, parenthood, basic first aid | Healthy relationships, consent (FGM), teen pregnancy, gender identity, sexual orientation, diverse families) | Sexual health, consent and the law, domestic abuse, child sexual exploitation and grooming | Healthy relationships, coercive control, contraception, unintended pregnancy, STIs | Family Life |
| Lent 2 | Identity, diversity, LGBTQ+ E-safety (online pressures) | Equality, diversity and protected characteristics | Road safety Healthy Ifestyles and body image | Addressing extremism and radicalisation Blood, stem cell and organ donation | Cancer awareness, sexual health, pomography, gender and sexuality, Managing unwanted attention |
| Trinity 1 | Healthy and unhealthy relationships Self- worth/self- esteem | E-safety (benefits and risks of health apps) | Diverse relationships, relationship expectations, risks of sharing sexual images | E-Safety (impact of sites on well-being) Risks and consequences of drug use, vaping | |
| Trinity 2 | Financial decision making | Drugs, alcohol and tobacco awareness, basic first aid | Local Government (The States of Guernsey) | The world of work and online presence | |

| MONDAY | ENRICHMENT | AFTER SCHOOL |
|---------|---|--|
| 3 SEPT | | |
| INSET | | |
| 10 SEPT | L6A/L6B – BYOD L6C/L6D ALIS TESTING | |
| 17 SEPT | Introduction to Enrichment D:\HEAD OF SIXTH FORM\ENRICHMENT\ENRICHMENT\ENRICH MENT LOWER 6 from one drive Table of Levels D:\HEAD OF SIXTH FORM\ENRICHMENT\ENRICHMENT\ENRICH MENT LOWER 6 from one drive | Management Shadowing – how to prepare for presentations |
| 24 SEPT | Du Putron – Quiz | |
| 1 OCT | Collis Crill MOOT introduction Visiting speakers Harry Round (<u>Harry.Round@collascrill.com</u>) | Management Shadowing Presentations 4.00 – 5.15pm |
| 8 OCT | Diploma/Enrichment planning Guild award Du Putron Quiz | |
| 15 OCT | Youth Commission How can I get help? Can I help others | MOOT – Training 1 |
| 22 OCT | U6 Management shadowing winners – talk to L6 Give presentations | FIRST MOOT – WEDNESDAY @EC |
| 29 OCT | | |
| 5 NOV | Dr Marshall Poppies | MOOT – Training 2 DE PUTRON CHALLENGE – WEDNESDAY 7 th |
| 12 NOV | Police Andy bell | SECOND MOOT - WEDNESDAY @ LC |
| 19 NOV | Inspirational Women Olympia McKeown | MOOT – Training 3 |
| 26 NOV | Inspirational Women Valerie Winn <u>valerie@coaching2learn.com</u> | THIRD MOOT – WEDNESDAY @ GRAMMAR |
| 3 DEC | Diploma/Enrichment planning U5 – L6 transisiton | MOOT – Final Training |
| 10 DEC | Inspirational Women Catherine Best <u>cathy@catherinebest.com</u> | FINAL MOOT - WEDNESDAY |

| 17 DEC | Inspirational Women | |
|----------|---|--|
| 17 DEC | Dame Mary Perkins | |
| | - | |
| 24 050 | mary.perkins@specsavers.com | |
| 24 DEC | | |
| 31 DEC | | |
| 7 JAN | Work Experience | |
| | Michele Clark | |
| 14 JAN | Sarah De La Mare – DELTA | |
| 21 JAN | Dementia Awareness | |
| | Julie Bulpitt <julie@bulpitt.gg></julie@bulpitt.gg> | |
| 28 JAN | Man shadowing | |
| L6 MTA's | | |
| 4 FEB | Diploma/EPQ/Work Experience - ECL | |
| U6 Mocks | | |
| 11 FEB | Kate Corcoran | |
| | Sexual Health | |
| 18 FEB | | |
| 25 FEB | Diploma/EPQ/Work Experience – ECL | |
| | U5/L6 Transition - HBA/MKI/ECL | |
| 4 MAR | Disability? KM to source Karen Blatchford | |
| | or do herself. | |
| | info@disabilityalliance.org.gg | |
| 11 MAR | THE IMPORTANCE OF RELAXATION TO | |
| | DE- STRESS | |
| 18 MAR | yoga movement with guided energy balancing relaxation | |
| | breathing exercises and a Yoga | |
| | • Dreating exercises and a roga Nidra (deep guided relaxation) | |
| | Mara (accep guided relaxation) Ms Emma Depres | |
| | (emma@beinspiredby.co.uk) | |
| 25 MAR | Catherin Ogier – Tapping meditation | |
| | | |
| 1 APR | Piers Mitchell | |
| | (<u>PiersMitchell@eqrmp.com</u>) | |
| 8 APR | | |
| 15 APR | | |
| | | |

| 22 APR | | |
|---------------------------|---|--|
| 29 APR | Self Defence (KMA) | |
| 6 MAY | | |
| 13 MAY | LIFE EXPERIENCES Janine Le Cras – Coping with stress Sam Holland - Brain tumours | |
| 20 MAY | Mr Chris Atkinson MOTIVATIONAL TALK ON YOUR PERSONAL VALUES –Why your own values should match those of the organization you work for. Mr Chris Atkinson WORKSHOP- IDENTIFYING YOUR PERSONAL VALUES- following on from the previous week. Finding out about your own personal values and how they should link to your chosen career | |
| 27 MAY - H 3 JUNE - EX | | |
| | WORK EXPERIENCE | |
| 17 JUNE | LIFE EXPERIENCES RAF and ARMY | |
| 24 JUNE | Lou Mitchinson and Lou CoryLIFE EXPERIENCESRachel Woolridge - A Sporting NationalGoverning Body Manager, working withClubs, talent ID programs and Olympicathletes, and been recognised as the UKYoung Coach of the Year back in 2005Charlotte Le Maitre - travellingsolo/diving/teaching English | |

MINDBODYSOUL

Remove Tutor Time planning and Ideas (**PSHCE Topics**) Please note there are more items than weeks to allow you to tailor to your group and any issues that arise with the group dynamics. <u>Resource folders</u>

| Term 1 | Term 2 | Term 3 |
|--|--|---|
| ½ term Theme: New School; New Beginnings; New Friendships New college info / timetables Starting Secondary School https://www.bbc.co.uk/bitesize/article s/znhf7nb https://www.bbc.co.uk/iplayer/episod es/b06vrs3y/our-school | Vote in new action teams <mark>½ term Theme:</mark> Show & Tell - linking back to Self-Awareness and Growth Mindset | Vote in new action teams <mark>½ term Theme:</mark> |
| How do I tackle homework? Can I ask for help? Private Study Link 1 Link 2 | <mark>Recycling</mark> World Earth Day 2020 – 22 April | How do I revise? (See previous for resources link) |
| Who am I? How am I getting on? Link to Decider Skills <u>Self-Awareness</u> <u>Self Esteem</u> | Parent's evening appointment card and what to expect / what you can ask | Global Citizen <u>https://www.globalcitizen.org/en/gb/</u> <u>The Red Cross resources - What's</u> <u>happening in the world</u> |
| New Friendships Link 1 Link 2 | | |
| Action Teams voting | Critical Thinking – Independent thinking <u>What's happening in this picture</u> <u>archive</u> <u>What happening in this picture?</u> <u>Critial Thinking</u> | |
| Harvest Boxes <u>Healthy eating</u> | Smoking | Exam revision |
| Decorate Harvest Boxes / Form Captains | Drugs and Alcohol | Exam revision |
| Form Captains | Form Captains | Exam revision |
| | | |
| <mark>½ term Theme: Helping Others</mark> Promote Guild Ambassador Award Rotary boxes / Shoe Box Appeal Assembly planning | ½ term Theme: <mark>SHARE</mark> | ½ term Theme: Reflecting and moving Forward Relaxation <u>https://www.bbc.co.uk/bitesize/articles</u> /z2w9tv4 |
| Interim report checking and reviewing targets Self-Assessment – one-2-one & Wellbeing | SHARE | Look how far I have come! Celebrating success. What have you achieved this year? (posters) |
| Assembly planning | Self-Assessment – one-2-one 27/3/19 | Welcome new remove display |
| Assembly planning | How do I revise? Resource area: https://ladiescollegeac.sharepoint.com /staff/Pastoral1/Forms/AllItems.aspx? viewid=b785be95%2Db1e8%2D41cf%2 Db183%2D98dd20ad50b5&id=%2Fstaf f%2FPastoral1%2FResources%20for%2 Otutor%20time%2Frevision | Self-Assessment – reporting 21/6/19 |

| https://youngminds.org.uk/media/308 3/advent-calendar-2019.pdf Christmas Fair | How do I revise? See above | Next Tutor piece of writing - moving forward |
|---|-------------------------------|---|
| Christmas Fair | | |

Lower Four

| Term 1 | Term 2 | Term 3 |
|--|--|-----------------------------------|
| Vote in action teams | Vote in new action teams | Vote in new action teams |
| Expectations, use of planners, | Wb. 6 Jan | |
| poster of expectations for tutor | Theme 'Responsibility: | Revision |
| room | Broadening our horizons' | |
| | Tutor time: Form captains, | |
| | review of targets from last term | |
| | – how can they achieve these? | |
| | The power of setting realistic | |
| | goals | |
| Self Esteem – link with PSHE | Wb. 13 Jan | Revision |
| (sheets on sharepoint) | Theme 'Responsibility: Acting | |
| | responsibly with our money' | |
| | Tutor time: Holocaust Memorial | |
| | Day (27 Jan) | |
| | https://www.hmd.org.uk/resou | |
| | <u>rce/hmd-tutor-time-activities-</u> | |
| | for-secondary-schools/ | |
| Quiz for Du Putron | Wb. 20 Jan | Importance of sleep |
| | Theme 'Responsibility: Our | Teens and sleep |
| | responsibility to future | Screen time, blue light and it's |
| | generations' PSHCE: Domestic Abuse (from | <u>impact</u> How to wind down |
| | Youth Commission) ALL TUTOR | Sleep diary |
| | GROUPS | <u>Sleep ulary</u> |
| | Tutor time: | |
| PSHCE: Alcohol (1hour external) | Wb. 27 Jan | |
| | Theme 'Responsibility' | |
| | PSHCE: SHARE (1 hour external) | |
| | L4Y & L4Z | |
| | Tutor time: L4X The power of | |
| | responsibility OR Assembly | |
| | planning (Assemblies L4X 13 | |
| | March, L4Y 20 March, L4Z 27 | |
| | March) | |
| Create posters to support De | Wb. 3 Feb (HPV Immunisations | Exams |
| Putron Challenge | Thurs 6 Feb – Green room | |
| PSHCE: Alcohol (1hour external) | 08.30 - 10.30) | |

| Posters/Collect stuff for Harvest | Theme 'Fairness: Can there ever be a fair society?' PSHCE: SHARE (1 hour external) ALL TUTOR GROUPS Tutor time: Wb. 10 Feb | Joyful June Calendar |
|--|--|---|
| and Rotary boxes PSHCE: Alcohol (1hour external) | Theme 'Fairness: Closing the gender gap' PSHCE: SHARE (1 hour external) L4X Tutor time: L4X or L4Y Internet Safety OR Assembly planning (Assemblies L4X 13 March, L4Y 20 March, L4Z 27 March) | |
| Revision work/planning | HT | |
| PSHCE: Alcohol (1hour external) | | |
| Revision work | Wb. 24 Feb Theme 'Fairness: Valuing the talents of others' Tutor time: Assembly planning (L4X 13 March, L4Y 20 March, L4Z 27 March) | Keep Calm & Carry on (Resilience) |
| Revision work - managing exam stress <u>https://www.bbc.co.uk/bitesize</u> <u>/articles/z2w9tv4</u> | Wb. 2 March Theme 'Honesty: What I've learned from books' Tutor time: Assembly planning (L4X 13 March, L4Y 20 March, L4Z 27 March) | Growth Mindset |
| Revision work Christmas Fair ideas (nice thing to think of in exams) | Wb. 9 March Theme 'Honesty: Can we live without lying?' Tutor time: Assembly planning (L4X 13 March, L4Y 20 March, L4Z 27 March) | Review exams/targets |
| Christmas Fair ideas (nice thing to think of in exams) | Wb. 16 March Theme 'Honesty: Is it always easy to be honest?' ICT info – badges (IDEA) (link with safer internet day 11 th Feb) | Achievements in L4 & WWW/EBI (helps with tutor reports) |
| Reflect on revision for exams – booklet provided by DHE | Wb. 23 March Theme 'Honesty: How to move on when people disappoint us' Science dept comp & World News | Ensure know about ACW |

| | PSHCE: Drugs (1hour external) | | |
|------------------------------|---------------------------------|---|--|
| Continue with Christmas Fair | Wb. 30 March | | |
| ideas/plan | Theme 'Honesty: Who can we | | |
| | trust in a world of fake news?' | | |
| | Tutor time: Your authentic self | F | |

Review of Interim and Target Setting - off TT end of Oct half term and start of Jan

| w ee k | Term 1 | Term 2 | Term 3 |
|--------------|---|---|---|
| | PSHCE: Peer pressure, assertiveness and risk, gang crime Dieting, lifestyle balance and unhealthy coping strategies | PSHCE: | PSHCE: Relationships and sex education including healthy relationships and consent The risk of STIs, sexting and pornography |
| | ICT: | ICT: managing online information | ICT: |
| | Study Skills: Stress 'Learning Support/Study Skills/U4/Stress/Top Tips to Reduce Exam Stress | Study Skills: - | Study Skills: - |
| 1 | | Target Setting/Planning for 1-1 with Tutors to review exams | Making a Revision Timetable |
| 2 | Expectations, use of planners, poster of rules for tutor room, form captains | Talking about Options with Form Prefect <u>https://www.bbc.co.uk/bitesize/art</u> <u>icles/zrjh92p</u> | Revision/Preparing for Exams |
| 3 | Time Management – using weekly planners, identifying hotspots | Mental Health//Friendships//Mindfulness/ Selfcare//Supporting a Charity//Current affairs//How to support a friend//School counsellor group session | Mental Health Awareness Week |
| 4 | Harvest boxes | | Reflecting on exam strengths and weaknesses |
| 5 | Planning for Christmas fayre | | Updating Records of Achievement |
| 6 | Planning/Target setting /independent learning | | Assembly planning |
| | | | Assembly planning |
| | Half Term | Half Term | Half Term |
| | PSHCE: Understanding careers and future aspirations Identifying learning strengths and setting goals as part of the GCSE options process | PSHCE: Managing peer pressure in relation to illicit substances Assessing the risks of drug and alcohol abuse and addiction | PSHCE: Planning and carrying out an enterprise project Reflecting on learning skills development in KS3 |

Upper Four

| | ICT: | ICT: Privacy and security | ICT: |
|---|---|---|---|
| | Study Skills: Planning | Study Skills: Exam Technique Sessions 1, 2 and 3 | Study Skills: - |
| 1 | Making a revision Timetable | | Plastic-free Guernsey talk |
| 2 | Exam Preparation/ Stress management and relaxation <u>https://www.bbc.co.uk/bitesiz</u> <u>e/tags/z6x9nrd/stress-</u> <u>management/1</u> | | Plastic- free guernsey initiatives/Boomerang bags/clothing swap |
| 3 | EXAM WEEK – RELAX Christmas Fayre planning | | Plastic- free guernsey initiatives/Boomerang bags/clothing swap |
| 4 | Self-Reflection on Exams – www/ebi | | Plastic- free guernsey initiatives/Boomerang bags/clothing swap |
| 5 | Preparing for Christmas Fayre | | Reflection: what have they achieved in Upper 4? / Intro letter to new tutor |
| 6 | Preparing for Christmas Fayre | | End of Term |

Review of Interim and Target Setting - off TT end of Oct half term and start of Jan

Lower Five

| | Term 1 | Term 2 | Term 3 |
|---|----------------------------|---------------------------------------|----------------------------------|
| | PSHEE – Transition to KS4 | PSHEE – Tackling relationship | PSHEE - Understanding |
| | and developing study | myths and expectations | different families and parenting |
| | habits | Managing romantic relationship | skills |
| | Mental Health and ill | challenges including break ups | Managing change, grief and |
| | health, tackling stigma | | bereavement |
| | ICT: | ICT: Safer Internet Day in Feb | ICT: |
| | | Digital Ace in Feb | |
| 1 | Expectations/ getting to | Select Form Captains | Review of targets |
| | know your form | Action for Happiness Happy New | Select Form Captains |
| | Select Form Captains | Year 2021 | |
| 2 | Time Management – using | Review of Targets | Self Care |
| | weekly planners, | Remind about Guild Ambassador | |
| | identifying hotspots | Award | |
| | Action for Happiness Self | | |
| | Care September | | |
| | Yellis | | |
| 3 | Free choice with form | Looking at different relationships in | Mental Health Awareness |
| | prefect? | our lives and how to manage them | Week! |
| | | effectively | |
| 4 | Action for Happiness Self- | Free choice – with form prefect? | Meaningful May |
| | Care | | |

| 5 | Homework audit week | Homework Audit week | In line with assembly topic |
|---|-----------------------------|---|----------------------------------|
| | Optimistic October | Friendly February | |
| 6 | Harvest Boxes | Planning for 1-1 with tutors | In line with assembly topic |
| 7 | Harvest boxes | 1-1 with tutors during House Gym | In line with assembly topic |
| | Half Term | Half Term | Half Term |
| | PSHEE – Understanding | PSHEE - Exploring the influence of | PSHEE – Preparation for work |
| | the causes and effect of | role models | experience |
| | Debt and the risks | Evaluating the social and emotional | Evaluation of work experience |
| | associated with Gambling | risks of drug use | and readiness for work |
| | ICT: | ICT: | ICT: |
| | Study skills: CRS/DHE? | Study Skills:Using planning | Study Skills: |
| | | templates, Structured Revision, | |
| | | Processing for Retention, Exam | |
| | | Season survival and Exam | |
| | | technique | |
| 1 | Planning for 1-1 interviews | Thinking about others: Charity | Self Care during Exams |
| | with tutors? | initiative free choice? | https://www.bbc.co.uk/bitesize |
| | Target setting – How to set | Mindful March | <pre>/tags/z6x9nrd/stress-</pre> |
| | SMART targets | | <u>management/1</u> |
| | Yellis results | | |
| 2 | New Things November | Assembly planning (tbc) | Revision |
| 3 | Free Choice with Form | Assembly planning (tbc) | Revision |
| | prefect? | | |
| 4 | Do Good December | Assembly planning (tbc) | End of year reflection |
| 5 | Planning for Christmas | Study/Revision skills – DHE? | Review of exam results and |
| | Fayre | Active April | update targets and Records of |
| | | | achievement |
| 6 | Planning for Christmas | Study/Revision skills – DHE? | ACW |
| | Fayre | | |
| | | | |

Michaelmas Term 2021

Week beginning 6th Sep. Monthly Theme: **Our College Values.** This week: **Welcome**

| Mon 06 | Full College | Hall (12:00) | ACL |
|---------|---------------------------|-----------------------------|------------------------|
| Tues 07 | Meeting in hall for stude | ents learning an instrument | FLT |
| Wed 08 | | | |
| Thu 09 | Full College | Hall | ACL |
| Fri 10 | Remove, L4 & U4 | Hall | TMG |
| | | | Remove in gym with CGR |

Week beginning 13th Sep. Monthly Theme: **Our College Values.** This week: **To encourage...**

| Mon 13 | Rem, L4, U4, L5, U5 | Hall | JHE |
|---------|---------------------|-------------|------------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 14 | L5 & U5 | Hall | JHE |
| Wed 15 | Full College | Hall | ACL |
| Thu 16 | House Meetings | Hall & Gym | |
| Fri 17 | Remove, L4, U4 | Hall | JHE |
| | | | Remove in gym with CGR |

Week beginning 20th Sep. Monthly Theme: **Our College Values.** This week: **To Create...**

| Mon 20 | Rem, L4, U4, L5, U5 | Hall | JHE |
|---------|---------------------|-------------|------------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 21 | L5 & U5 | Hall | JHE |
| Wed 22 | Action Teams | | |
| Thu 23 | Full College | Hall | ACL |
| Fri 24 | Remove, L4, U4 | Hall | JHE |
| | | | Remove in gym with CGR |

Week beginning 27th Sep. Monthly Theme: **Our College Values.** This week: **To inspire...**

| Mon 27 | Rem, L4, U4, L5, U5 | U4 in hall, others in tutor rooms via Teams | VMI |
|---------|------------------------|--|-----|
| | Sixth Form | Leaf Centre | ECL |
| Tues 28 | L5 & U5 | Hall | BSM |

| Wed 29 | Full College | L5 in hall, other year groups in tutor rooms via Teams | ACL |
|--------|----------------|---|-------------------------------|
| Thu 30 | House Meetings | Hall/Gym (staggered meetings and break times) | |
| Fri 01 | Remove, L4, U4 | Hall | DHE Remove in gym with CGR |

Week beginning 4th Oct. Monthly Theme: Friendship. This week: Respect for others

| Mon 04 | Rem, L4, U4, L5, U5 | U5 in hall, others via Teams in form rooms | HBA |
|---------|------------------------|---|------------------------|
| | | | |
| | Sixth Form | Leaf Centre | ECL |
| Tues 05 | L5 & U5 | Hall | MKI |
| Wed 06 | Action Teams | | |
| Thu 07 | Full College | L6 in hall, others via Teams | Lydia Datta: Charities |
| | | in form rooms | Committee |
| Fri 08 | Remove, L4, U4 | Hall | FLT (Music) |
| | | | Remove in gym with CGR |

Week beginning 11th Oct. Monthly Theme: Friendship. This week: Respect for Ourselves

| Mon 11 | Rem, L4, U4, L5, | Remove in hall, others via | Miss Lindsay (College |
|---------|------------------|--------------------------------|-----------------------|
| | U5 | Teams | Counsellor) |
| | Sixth Form | Leaf Centre | ECL |
| Tues 12 | L5 & U5 | Hall | FLT (Music) |
| Wed 13 | Full College | Sixth Form in hall, others via | SAH (Geography) |
| | | Teams in form rooms | |
| Thu 14 | House Meetings | | |
| Fri 15 | Remove, L4, U4 | Hall | CLM |

Week beginning 18th Oct. Monthly Theme: **Respect**. This week: **Respect for the environment**

| Mon 18 | Rem, L4, U4, L5, U5 | L4 in hall, others via Teams | Action Team: Environment |
|---------|------------------------|------------------------------|---------------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 19 | L5 & U5 | Hall | CRS (special theme: Black |
| | | | History Month) |
| Wed 20 | Harvest Assembly | Remove in hall, others via | Visitor tbc |
| | (extended break | Teams | |
| | tbc) | | |
| Thu 21 | Commemoration | 3 x service by Key Stage in | Speaker: Mrs Henderson |
| | Service | the hall 11.00-12.30 | |

HALF-TERM

Week beginning 1st Nov. Monthly Theme: Courage. This week: Courage to face our fears

| Mon 01 | Rem, L4, U4, L5, U5 | Students watch in form rooms via Teams. Streaming begins 10:40. | ACL |
|---------|---------------------------------|--|--|
| | Sixth Form | Leaf Centre | ECL |
| Tues 02 | L5 & U5 | Hall | JHE |
| Wed 03 | Whole School 'House Meeting' | Brief online house Drama launch – SHOs in hall, girls in tutor rooms | House Captains (4) & MKI in hall – stream via Teams |
| Thu 04 | Full College | Students watch in form rooms via Teams. Streaming begins 10:40. | Visitor: Dr. Jo Le Noury |
| Fri 05 | Remove, L4, U4 | Hall | L4X (Remove in gym with CGR & JMO to receive New Testaments from Gideons) |

Week beginning 8th Nov. Monthly Theme: Courage. This week: Courage under fire

(Aide-mémoire: anti-bullying Week 11-14 Nov)

| Mon 08 | Rem, L4, U4, L5, U5 | Students watch in form rooms via Teams. Streaming begins 10:40. | PBE & VMI |
|---------|------------------------|--|-----------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 09 | L5 & U5 | Hall | L5X |
| Wed 10 | Action Teams | | |
| Thu 11 | Tutor time | Due to COVID restrictions, we will observe the two- minute silence at 11:00 but there will be no service. | |
| Fri 12 | Remove, L4, U4 | Hall | L4Y |

Week beginning 15th Nov. Monthly Theme: Courage. This week: Courage to get things wrong

| Mon 15 | Rem, L4, U4, L5, U5 | Students watch in form rooms via Teams. Streaming begins 10:40. | Visitor tbc |
|---------|------------------------|---|-------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 16 | L5 & U5 | Hall | PACE |

| Wed 17 | Full College | Students watch in form rooms via Teams. Streaming begins 10:40. | ETAB |
|--------|---|---|------|
| Thu 18 | House Meetings (staggered start times) | | |
| Fri 19 | L4 & U4 have tutor time (due to exams) Assembly for Remove in gym | | CGR |

Week beginning 22nd Nov. Monthly Theme: Giving. This week: Why give to others?

| Mon 22 | Rem, L5, U5 (L4 & U4 have tutor time due to exams | Students watch in form rooms via Teams. Streaming begins 10:40. | НВА |
|---------|--|---|----------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 23 | No assembly (tutor | time) | |
| Wed 24 | Full College | Students watch in form rooms via Teams. Streaming begins 10:40. | Head Girl Team |
| Thu 25 | House Meetings | | |
| Fri 26 | Remove, L4, U4 | Hall | PACE |

Week beginning 29th Nov. Monthly Theme: Giving. This week: Using our talents

| Mon 29 | Rem, L4, U4, L5, U5 | Students watch in form rooms via Teams. Streaming begins 10:40. | JHE |
|---------|--------------------------|---|--------------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 30 | L5 & U5 | Hall | L5Y |
| Wed 01 | Full College | Students watch in form rooms via Teams. Streaming begins 10:40. | SHOs (House Charity Day) |
| Thu 02 | House Meetings (Quiz) | | |
| Fri 03 | Remove, L4, U4 | Hall | L4Z |

Week beginning 6th Dec. Monthly Theme: Advent & Christmas. This week: What can Advent teach us?

| Mon 06 | Rem, L4, U4, L5, | Students watch in form rooms | Visitor: Mrs C Lenfestey |
|--------|------------------|------------------------------|--------------------------|
| | U5 | via Teams. Streaming begins | |
| | | 10:40. | |

| | Sixth Form | Leaf Centre | ECL |
|---------|----------------|-------------|-----------------------------|
| Tues 07 | L5 & U5 | Hall | L5Z |
| Wed 08 | Action Teams | | |
| Thu 09 | Sixth Form | Hall | FLT: Carol Service Practice |
| Fri 10 | Remove, L4, U4 | Hall | FLT: Carol Service Practice |

Week beginning 13th Dec. Monthly Theme: Advent & Christmas. This week: Waiting and Expectation

| Mon 13 | L5 & U5 | Hall | FLT: Carol Service Practice |
|---------|--------------------|-------------|-----------------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 14 | L5 & U5 | Hall | L5Z |
| Wed 15 | Tutor Time | | |
| Thu 16 | No Assembly (tutor | | |
| | time) | | |
| Fri 17 | Mark Reading | Hall | ACL & VMI |
| | (Full College) | | |

Lent Term 2022

Week beginning 3rd Jan. Monthly Theme: Resilience. This week: Keep on keeping on

| Thu 06 | Full College | Hall | ACL |
|--------|--------------|------------|-----|
| Fri 07 | No assembly: | Tutor time | |

Week beginning 10th Jan. Monthly Theme: Resilience. This week: Unafraid to fail

| Mon 10 | Remove, L4, U4, | Hall | VMI |
|---------|-----------------|-------------|--------------|
| | L5, U5 | | |
| | Sixth Form | Leaf Centre | ECL |
| Tues 11 | L5 & U5 | Hall | BSM |
| Wed 12 | | | |
| Thu 13 | Full College | Hall | Prefects (1) |
| Fri 14 | Remove, L4, U4 | Hall | CGR |

Week beginning 17th Jan. Monthly Theme: **Resilience** This week: **When bad things happen to good people**

| Mon 17 | Rem, L4, U4, L5, | Hall | ???? |
|---------|------------------|-------------|------|
| | U5 | | |
| | Sixth Form | Leaf Centre | ECL |
| Tues 18 | L5 & U5 | Hall | MKI |
| Wed 19 | House Meetings | | |

| Thu 20 | Full College | Hall | Science Dept |
|--------|----------------|------|--------------|
| Fri 21 | Remove, L4, U4 | Hall | Remove X |

Week beginning: 24th Jan. Monthly Theme: **Resilience.** This week: **Standing-up for the truth**

| Mon 24 | Rem, L4, U4 | Hall | History Dept KS3 Holocaust Memorial Assembly |
|---------|-------------------|-------------|--|
| | Sixth Form | Leaf Centre | ECL |
| Tues 25 | L5 & U5 | Hall | History Dept KS4 Holocaust Memorial Assembly |
| Wed 26 | Tutor Time | | |
| Thu 27 | L6 & U6 | Hall | History Dept KS5 Holocaust Memorial Assembly |
| Fri 28 | Remove, L4, U4 | Hall | Remove Y |

Week beginning: 31st Jan. Monthly Theme: Knowledge. This week: Is knowledge power?

| Mon 31 | Remove, L4, U4, L5, U5 | Gym (U5/U6 mocks: 31 Jan – 16 Feb) | HBA |
|---------|---------------------------|---------------------------------------|----------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 01 | L5 & U5 | Gym (U5/U6 mocks: 31 Jan – 16 Feb) | PACE |
| Wed 02 | Tutor Time | | |
| Thu 03 | Full College | Gym (U5/U6 mocks: 31 Jan – 16 Feb) | JHE |
| Fri 04 | Remove, L4, U4 | Gym (U5/U6 mocks: 31 Jan – 16 Feb) | Remove Z |

Week beginning 7th Feb. Monthly Theme: Knowledge. This week: Science Week

| Mon 07 | Remove, L4, U4, L5, U5 | Gym (U5/U6 mocks: 31 Jan – 16 Feb) | ACL |
|---------|---------------------------|--|-----------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 08 | L5 & U5 | Gym (U5/U6 mocks: 31 Jan – 16 Feb) | Music ARO |
| Wed 09 | | | |
| Thu 10 | Full College | Gym (U5/U6 mocks: 31 Jan – 16 Feb) Science Dept (International Day of Women in Science on Fri 11) | JHE |

| Fri 11 | Remove, L4, | Gym (U5/U6 mocks: 31 Jan – 16 | CLM |
|--------|-------------|-------------------------------|-----|
| | U4 | Feb) | |

Week Beginning 14th Feb. Monthly Theme: Knowledge. This week: Are knowledge & understanding synonymous?

| Mon 14 | Remove, L4, | Gym | TMG |
|---------|-------------------------------------|-------------|-----|
| | U4, L5, U5 | | |
| | Sixth Form | Leaf Centre | ECL |
| Tues 15 | No assembly | | |
| Wed 16 | House | | |
| | Meetings | | |
| Thu 17 | No Assembly (House Gym Competition) | | |

Half-term holiday

Week beginning: 28th Feb. Monthly Theme: Respect. This week: Respect for life

| Mon 28 | Remove, L4, U4, L5, U5 | Hall | Action Team: Food & Fitness |
|---------|---------------------------|-------------|-----------------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 01 | L5 & U5 | | PACE |
| Wed 02 | House | | |
| | Meetings | | |
| Thu 03 | Full College | Hall | English Dept (World Book |
| | | | Day today!) |
| Fri 04 | Remove, L4, | | TMG |
| | U4 | | |

Week beginning: 07.03. Monthly Theme: **Respect**. This week: **Respect for learning**

(Aide-mémoire: International Women's Day, 8th March)

| Mon 07 | Remove, L4, | Hall | Action Team: |
|---------|--------------|-------------|-----------------|
| | U4, L5, U5 | | |
| | Sixth Form | Leaf Centre | ECL |
| | | | |
| Tues 08 | L5 & U5 | Hall | U5X |
| Wed 09 | Tutor Time | | |
| Thu 10 | Full College | Hall | Student-led TBC |
| Fri 11 | Remove, L4, | Hall | U4X |
| | U4 | | |

Week beginning: 14th March Monthly Theme: **Respect**. This week: **Respect for ourselves**

| Mon 14 | Remove, L4, U4, L5, U5 | Hall | Action Team: |
|---------|---------------------------|-------------|--------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 15 | L5 & U5 | Hall | U5Y |
| Wed 16 | House | | |
| | Meetings | | |
| Thu 17 | Full College | Hall | Prefects (Group 1) |
| Fri 18 | Remove, L4, | Hall | U4Y |
| | U4 | | |

(Aide-mémoire: World Happiness Day, 20th March)

Week begins 21st March. Monthly Theme: Respect This week: Respect for diversity

(Aide-mémoire: World Water Day, 22nd March)

| Mon 21 | Remove to U5 | Hall | ACL |
|---------|----------------|-------------|------------------------|
| | Sixth Form | Leaf Centre | ECL |
| Tues 22 | L5 & U5 | Hall | U5Z |
| Wed 23 | House Meetings | | |
| Thu 24 | Full College | Hall | Singing Practice (FLT) |
| Fri 25 | Remove, L4, U4 | Hall | U4Z |

Week begins 29th March.

Monthly Theme: Respect

This week: Respect for culture

| Mon 28 | Remove to U5 | No assembly – L4 & U4 immunisations in the hall | |
|---------|--------------|--|-----|
| | Sixth Form | Leaf Centre | ECL |
| Tues 29 | L5 & U5 | Hall | U5Z |
| Wed 30 | Tutor time | | |
| Thu 31 | | | |
| Fri 01 | | | |

Week begins 04 April

| Mon 04 | Remove to U5 | No assembly – L4 & U4 immunisations in the hall | |
|---------|----------------|--|-----|
| | Sixth Form | Leaf Centre | ECL |
| Tues 05 | Easter Service | St. Stephen's Church (TBC) | |
| | (TBC) | | |
| Wed 06 | Mark Reading | | |

EASTER HOLIDAY

Trinity Term

NATIONAL GARDENING WEEK 25 April – 01 May

Week beginning: 25.04

Monthly Theme: Creativity

This week: Problem-solving

| Mon 25 | Remove, L4, | Hall | D & T Dept |
|---------|--------------|------|--------------------------|
| | U4, L5, U5 | | Hymn: Morning Has Broken |
| Sixth | Leaf Centre | | ECL |
| Form | | | |
| Tues 26 | U4, L5, U5 | | MKI |
| Wed 27 | House | | |
| | Meetings | | |
| Thu 28 | Full College | | SAH (Geography) |
| Fri 29 | Remove, L4 | | PACE |

Week beginning: 02.05

Monthly Theme: Ways of seeing

This week: Light and Shade

| Mon 02 | Bank Holiday | | |
|---------------|--------------|-----|-------------------------|
| Tues 03 | U4, L5, U5 | Gym | Art Dept |
| Wed 04 | Tutor Time | | |
| Thu 05 | Full College | Gym | Art Dept |
| | | | |
| | | | Hymn: Give Me Joy in My |
| | | | Heart |
| Fri 06 | Remove, L4 | Gym | TMG |

09-15 May Mental health awareness week

03 MAY IS INTERNATIONAL PRESS FREEDOM DAY

Week beginning: 10.05

Monthly Theme: Ways of Seeing

This week: Read the question!

| Mon 09 | Remove, L4, | Gym | Exam assembly: HBA |
|---------|--------------------------------------|------------------------|--------------------------|
| | U4, L5 LIBERATION | | Hymn: He's got the whole |
| | DAY | | World |
| | Sixth Form | Leaf Centre | ECL |
| Tues 10 | No assembly | | |
| Wed 11 | | | |
| Thu 12 | No assembly (Co | ollege & public exams) | |
| Fri 13 | No assembly (College & public exams) | | |

15 MAY IS WORLD FAMILIES DAY

Week beginning: 16.05

Monthly Theme: Ways of Seeing

This week: Different kinds of truth

| Mon 16 | No assembly (College & public exams) | | |
|----------------|--------------------------------------|-----|---------------------------|
| Tues 17 | No assembly (College & public exams) | | |
| Wed 18 | Tutor Time | | |
| Thu 19 | Full College | Gym | Classics Dept |
| | | | Hymn: Gonna Sing when the |
| | | | Spirit says Sing |
| Fri 20 | Remove, L4 | Gym | DHE Part 1 |

Week beginning: 23.05

21 JUNE WORLD YOGA DAY

Monthly Theme: Ways of seeing

This week: Looking at the world with fresh eyes

| Mon 23 | Remove, L4, | Gym | Maths Dept |
|---------|--------------|-------------|----------------------------|
| | U4, L5 | | Hymn: This Little Light of |
| | | | Mind |
| | Sixth Form | Leaf Centre | ECL |
| Tues 24 | U4, L5 | Gym | Music (Music Dept) |
| Wed 25 | Action Teams | The Core | |
| Thu 26 | Full College | Gym | JHE & PBE – Walkathon & |
| | | | ACW information |
| | | | Hymn: Give Me Joy in My |
| | | | Heart |
| Fri 27 | Remove, L4 | Gym | DHE Part 2 |

Week beginning: 30.05

Monthly Theme: Ways of seeing

This week: Finding opportunities

| Mon 30: Bank Holiday | | | |
|----------------------|-----------------|-----|-------------------------|
| Tues 31: | Tues 31: INSET | | |
| Wed 01: | House Athletics | | |
| Thu 02 | Full College | Gym | Economics Dept |
| | HOUSE | | Hymn: Give Me Joy in my |
| | TENNIS? | | Heart |
| Fri 03 | Remove, L4 | Gym | Music Dept |

Week beginning: 06.06

Monthly Theme: Living life to the full MAY is LGBTQ AWARENESS MONTH

WORLD OCEAN DAY WED 08 JUNE

This week: Have fun, stay safe

| Mon 06 | Remove, L4, | Gym | PSHCE (EJO) |
|---------|--------------|------|---------------------|
| | U4, L5 | | Hymn: One More Step |
| Tues 07 | U4, L5 | Hall | IT Dept 1/2 (PBE) |
| Wed 08 | Wellbeing | | |
| | Wednesday | | |
| | (VMI) | | |
| Thu 09 | Full College | Hall | TLE College Hymn |
| Fri 10 | Remove, L4 | Hall | IT Dept 2/2 (PBE) |

Week beginning: 13.06

Monthly Theme: Living life to the full

This week: Following your dreams

18-20 JUNE NATIONAL PICNIC WEEK

| Mon 13 | Remove, L4, | Hall | Psychology Dept (AHG) |
|---------|-------------|------|-----------------------------|
| | U4, L5 | | Hymn: All Things Bright and |
| | | | Beautiful |
| Sixth | Leaf Centre | | ECL |
| Form | | | |
| Tues 14 | U4, L5 | Hall | ACW: information assembly |
| | | | 1/2 (JHE) |
| Wed 15 | Tutor Time | | |

| Thu 16 | Full College | Hall | MFL (BBA) |
|--------|--------------|------|--------------------------|
| | | | Hymn: Thine be the Glory |
| Fri 17 | Remove, L4 | Hall | ACW assembly 2/2(JHE) |

Week beginning: 20.06

Monthly Theme: Living life to the full

20 JUNE IS WORLD REFUGEE DAY

This week: Looking forward to summer

| Mon 20 | Remove, L4, | Gym | Singing practice (Music |
|---------|--------------|--------------------------|---------------------------|
| | U4, L5 | | Dept) |
| Sixth | Leaf Centre | | ECL |
| Form | | | |
| Tues 21 | U4, L5 | NO ASSEMBLY (tutor time) | |
| Wed 22 | Action Teams | The Core | |
| Thu 23 | Full College | Gym | ACL |
| | | | Hymn: Shine, Jesus, Shine |
| Fri 24 | Remove & L4 | Gym | TMC & CLM |

Week beginning: 27.06

| Mon 27 | ACW |
|---------|--------------|
| Tues 28 | ACW |
| Wed 29 | ACW |
| Thu 30 | Mark Reading |
| Fri 01 | Speech Day |