



Melrose & Pre-Preparatory Department
Michaelmas Term 2021



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish	Mild Beef Chilli with Rice, Nacho's and Sour Cream	Roasted Cod Fillet with a Lemon and Herb Crumb, New Potatoes and Green Beans	Roast Chicken, Stuffing, Roast Potatoes, Seasonal Vegetables and Gravy	Chicken Pad Thai Noodles with Prawn Crackers	Posh Dog with Curly Fries, Caramelized Onions and American Slaw
Green Dish (V)	Grilled Vegetables with Couscous and Tomato Salsa	Napolitana Sauce with Pasta Conchiglie, Parmesan Cheese and Garlic Slice	Mrs Noi's Noodle Stir Fried Vegetable Spring Rolls with Sweet Chilli Dipping Sauce	Roasted Red Pepper and Guernsey Cheddar Cheese Quiche, Herb Potatoes and Salad	Cheese Beignets with Waldorf Salad and Apple Chutney
Salad Dish	A salad bar is available every day with ham, cheese, tuna or chicken on different days				
Dessert Choice + Freshly cut fruit available daily	Warm Banana Bake or Natural yogurt with fruit coulis	Chocolate Brownie or Natural yogurt with fruit coulis	Apple and Blackberry Crumble with Custard or Natural yogurt with fruit coulis	Oatie Flap Jack or Natural yogurt with fruit coulis	Chocolate Ice-Cream Roll or Natural yogurt with fruit coulis



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish	Spaghetti Bolognese with Parmesan Cheese and Garlic Bread	Mild Chicken Tikka Masala with Rice, Poppadom, Naan Bread and Mango Chutney	Roast Turkey, Pigs in Blankets, Roast Potatoes, Vegetables of the Day and Gravy	Breaded Chicken Escalope with Mash Potatoes, Peas and Gravy	Homemade Pizza with Chips and Salad
Green Dish (V)	Loaded Potato Skins with a Cheese and Herb Crumb	Homemade Yorkshire Puddings filled with Roasted Root Vegetables and Gravy	Aloo Gobi, Roasted Cauliflower and Potato Curry with Rice and Poppadom	Quorn Mince Burrito with Sour Cream and Salad	Penne Pasta Pesto with Garlic Slice and Salad
Salad Dish	A salad bar is available every day with ham, cheese, tuna or chicken on different days				
Dessert Choice + Freshly cut fruit available daily	Vanilla Sprinkle Sponge or Natural yogurt with fruit coulis	Fruit Jelly with Fresh Summer Fruits or Natural yogurt with fruit coulis	Madeira Ginger Biscuit Cake or Natural yogurt with fruit coulis	Choc Chip Bar or Natural yogurt with fruit coulis	Orange Sorbet with a Wafer Biscuit or Natural yogurt with fruit coulis