

Speaker Events, Training and Coaching



Proactive wellbeing
Emotional intelligence
Handling conflict
Healthy and resilient relationships
Child/adolescent development
Parenting

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Wellbeing webinar for parents at the Ladies College, Guernsey

Thursday 10th June 6pm – 7.00pm.

Supporting our daughters in making, appreciating, and sustaining meaningful connections, self-advocating when difficulties arise.

- The power and the purpose of the rollercoaster of adolescent relationships
- The role of the parent in containing not controlling the experience
- Empowering our girls to name their values, own their feelings, reflect, and evaluate their experiences
- Status-driven behaviour. Popularity vs likeability.
- Supporting our children through loneliness, rejection, experiences of being on the outside.
- Meaningful connections.

A practical session for **parents** delivered via webinar.

NB This session is pitched at parents and how they can show up in ways that are going to help their daughters when in conflict, distress, or uncertainty in their peer group life. It is not intended for the girls to join the session so that all parents can feel free to contribute and ask questions.

Weekly/ fortnightly newsletter: **Parenting with purpose**. Subscribe via the link on the home page. <http://www.emmagleadhill.com/>

You are invited to a Zoom webinar.

When: Jun 10, 2021 06:00 PM London

Topic: Parent Webinar - Friendships - The Ladies College, Guernsey

Register in advance for this webinar:

https://zoom.us/webinar/register/WN_X-X5xUOyTkKE_9Cg_UJkrw

After registering, you will receive a confirmation email containing information about joining the webinar.