

## Senior School Trinity Term 2021



| Week 1  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |  |  |  |
|---|--|---|---|--|--|--|--|--|
|   | All main and green dishes will be served with vegetables of the day or salad |   |   |  |  |  |  |  |
| <b>Main Dish</b><br>£3.30                               | Spaghetti Bolognese with<br>Parmesan Cheese and<br>Garlic Bread              | Salmon Darne with<br>Meuniere Sauce, Roasted<br>Mediterranean<br>Vegetables and New<br>Potatoes | Pommier Sausage with<br>Mashed Potato, Gravy<br>and Vegetables of the<br>day              | Mild Chicken Korma with<br>Rice and Poppadom's                     | Chicken Burger with<br>Chunky Chips and Salad        |  |  |  |
| Green Dish (V)<br>£3.30                                 | Spanish Omelette with<br>Seasonal Salad and Garlic<br>Bread                  | Jacket Potato with Beans,<br>grated Cheddar Cheese<br>and salad from the salad<br>bar           | Mozzarella, Basil and<br>Vegetable Filo Tart with<br>Pesto Dressing and<br>Seasonal Salad | Quorn Sausages with<br>Creamed Potato and<br>Vegetables of the Day | Falafels with Vegetable<br>Fried Rice and Mint Raita |  |  |  |
| <b>Big Bowl Salad</b><br>£3.20 ** inc fish/seafood +60p | Salad of the day   |   |   |  |  |  |  |  |
| Boxed Salads<br>£3.20 ** inc fish/seafood +60p          | A selection of boxed salads will be available                                |   |   |  |  |  |  |  |
| Open Breads<br>£2.60 ** inc fish/seafood +60p           | Selection of freshly made baguettes and wraps                                |   |   |  |  |  |  |  |
| Dessert<br>£1.10  | Orange Drizzle Cake  | Milk Chocolate Cornflake<br>Cake  | Oat Cookies   | Blondie with Summer<br>Fruit Coulis                                | Vanilla Ice-Cream with<br>Wafer                      |  |  |  |
| Treats<br>£1.10 to £1.60                                | A tempting selection of fruit, cakes and biscuits are always available       |   |   |  |  |  |  |  |



## Senior School Trinity Term 2021



| Week 2  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |  |  |
|---|--|---|--|--|---|--|--|
|   | All main and green dishes will be served with vegetables of the day or salad |   |  |  |   |  |  |
| Main Dish<br>£3.30                                      | Penne Pasta Carbonara with<br>Parmesan Cheese and Garlic<br>Bread            | Reet Cottage Pie Served   | Mild Cajun Chicken<br>Breast with Vegetable<br>Fried Rice and a Chicken<br>Sauce | Honey Roasted Ham with<br>Pineapple, Skin on<br>Wedges, Sweetcorn and<br>Gravy | Battered Cod with Chips,<br>Peas and Tartare Sauce                  |  |  |
| Green Dish (V)<br>£3.30                                 | Mild Vegetarian Mexican<br>Fajitas with Sour Cream<br>and Side Salad         | Courgette and Baby<br>Spinach Pasta Bake with a<br>Cheese and Crumb Crust | Rainbow Vegetable Pad<br>Thai Noodles with Prawn<br>Crackers                     | Tomato and Basil Risotto<br>Served with Salad and<br>Crusty Bread              | Mildly Spiced Bean<br>Burger with Tomato<br>Salsa, Wedges and Salad |  |  |
| <b>Big Bowl Salad</b><br>£3.20 ** inc fish/seafood +60p | Salad of the day   |   |  |  |   |  |  |
| Boxed Salads<br>£3.20 ** inc fish/seafood +60p          | A selection of boxed salads will be available                                |   |  |  |   |  |  |
| Open Breads<br>£2.60 ** inc fish/seafood +60p           | Selection of freshly made baguettes and wraps                                |   |  |  |   |  |  |
| Dessert<br>£1.10  | Raspberry and White<br>Chocolate Muffin                                      | Butter Shortbread Biscuit   | Sticky Toffee Pudding with Hot Toffee Sauce                                      | Caramelised Apple Puff<br>Pastry Tart with Vanilla<br>Sauce                    | American style Pancakes<br>with Bananas and a<br>Chocolate Drizzle  |  |  |
| <b>Treats</b> £1.10 to £1.60                            | A tempting selection of fruit, cakes and biscuits are always available       |   |  |  |   |  |  |