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## **Supporting Wellbeing: The Wellbeing Award for Schools**

This year, we will be working towards achieving the Wellbeing Award for Schools (WAS). Evidence shows that wellbeing is of central importance to learning and attainment and that greater emphasis on wellbeing is associated with improved academic outcomes\*.

The WAS pathway will allow us to explore the current views of the whole College community (students, teaching staff and parents) to create a detailed and specific action plan for College to further develop the wellbeing provision in College. Over the next week or so, you will receive an email which will contain a link to a feedback form that will allow you to share your views on this topic. This feedback form is optional. Your feedback, along with that of students and staff, will be collated to allow us to formulate part of the action plan. There will also be further opportunities for parents to get involved in the WAS award and details of these opportunities will be communicated over the coming weeks.

We hope you will take this opportunity to tell us what we do well, as well as constructive feedback about improvements to enhance wellbeing at The Ladies' College.

\* The link between pupil health and wellbeing and attainment, Public Health England, Nov 2014