

## Alternative Curriculum Week 2019 – Information about Activities

### Outdoor Activity Days

Please note that all outdoor activities are weather dependent. If we are unable to run one due to inclement weather, we will substitute it with a different activity.

#### Dry activities at Les Maingys Activity Centre (GY6 8NL)

Drop-off	09:00 (College staff will be present to supervise from 08:30)
Pick-up	15:00 (College staff will be present to supervise until 15:30)
Activities	Climbing, High Ropes, Archery
Kit list	Trainers and sports clothing (no skirts). Lunch, water, sun-cream, sunhat. Bring waterproof jacket if wet.
Provider	Outdoor Guernsey
Cost	£50

#### Wet activities at West Coast (exact drop-off point to be confirmed nearer time via ParentHub, according to weather forecast)

Drop-off	09:00 (College staff will be present to supervise from 08:30)
Pick-up	14:30 (College staff will be present to supervise until 15:00)
Activities	Kayaking, Coasteering
Kit list	Trainers to get wet, bathers (one-piece, no bikinis), towel, wetsuit if they have one (OG will provide if not), old shorts to wear over the wetsuit, dry clothes for afterwards. Lunch, water, sun-cream, sunhat. Bring waterproof jacket if wet.
Provider	Outdoor Guernsey
Cost	£50

#### Nerf Guns, Wide Games & Activiquiz (Pleinmont) LOWER FIVE ONLY

Drop-off	09:00 (College staff will be present to supervise from 08:30)
Pick-up	15:00 (College staff will be present to supervise until 15:30)
Activities	Nerf Guns, Wide Games & Activiquiz
Kit list	Trainers and sports clothing (no skirts). Lunch, water, sun-cream, sunhat. Bring waterproof jacket if wet.
Provider	Outdoor Guernsey
Cost	£50

#### Surfing at Vazon (by Vistas Café)

Drop-off	09:00 (College staff will be present to supervise from 08:30)
Pick-up	15:00 (College staff will be present to supervise until 15:30)
Activities	Surfing – theory and practical
Kit list	Trainers to get wet, bathers (one-piece, no bikinis), towel, wetsuit if they have one (Surf School will provide if not), old shorts to wear over the wetsuit, dry clothes for afterwards. Lunch, water, sun-cream, sunhat. Waterproof jacket if wet.
Provider	Guernsey Surf School
Cost	£27

#### Sailing & Raft-Building (by Model Yacht Pond)

Drop-off	09:00 (College staff will be present to supervise from 08:30)
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Pick-up	15:00 (College staff will be present to supervise until 15:30)
Activities	Mixture of sailing and raft-building. Additional/alternative activities according to weather.
Kit list	Trainers to get wet, bathers (one-piece, no bikinis), towel, old shorts and T-shirt to wear over the wetsuit, dry clothes for afterwards. Lunch, water, sun-cream, sunhat. Bring waterproof jacket if wet.
Provider	Guernsey Sailing Trust
Cost	£10

### **Three Bays in One Day (Cobo, Grandes Rocques and Vazon)**

Drop-off Cobo	09:00 (College staff will be present to supervise from 08:30)
Pick-up Vazon	15:00 (College staff will be present to supervise until 15:30)
Activities	Sea-swimming and beach games
Kit list	One-piece swim-suit (no bikinis, wet suits may be worn), shoes suitable for light walking and beach, towel, packed lunch, money for snacks (if desired), sun screen.
Provider	Mrs Bailey
Cost	Free

### **College-based Activity Days**

#### **General points:**

Girls should arrive for morning registration at the normal time. The school day will end at 15:30. The Core will be open as usual for break and lunch.

#### **Dress code:**

Uniform is not required, but mufti must be sensible and appropriate for physically active days. Strappy tops/crop-tops/excessively short shorts or dresses/ripped jeans are not acceptable and parents may be asked to bring in a change of clothes.

Footwear must be appropriate for activities. No heels or flip flops, please.

Hair should be tied-back for health & safety reasons.

Sun protection is advisable on each day as we may decide to move some indoor sessions outdoors if it's sunny.

#### **Creative Writing (Dr Marshall)**

We will meet at school and walk down to Candie Museum to be inspired by the folklore gallery. You can take pictures and notes. We will then come back to school and have a look at the type of pictures, number of words and language for the different age groups. You will need to then choose a folk lore topic and age group and start writing a story.

In the afternoon you will be shown you how to use computers or your devices in order to manipulate photos to illustrate. You can then choose to pursue this method or draw your own pictures using different media.

There will not be enough time to finish a book- the day is about learning the techniques and inspiring you to get started. I would be happy to print and bind any finished books at a later date.

### **Coding & Robotics (Mr Beasley)**

#### **Monday 1st July - U4 - Hackathon**

Learn about basic coding and about the skills needed to become a software developer. A trip to the Digital Greenhouse in town will see us taking part in an event aimed at girls to show them the world of opportunities available in the modern world of computer programming. Learn how to code and get an insight in the careers available to woman in the modern digital world. Remember, the richest people in the world are coders.

#### **Wednesday 3<sup>rd</sup> July - L4 - Robotics**

On this day we will learn how to code and control basic robots. We are planning on using basic robots and controlling them through a series of events in a mini Robot Olympics. Get an insight into the world of coding. A career in which could lead to world of opportunities. Remember, the richest people in the world are coders.

### **Early English Music (Miss Geach)**

This day will involve discovering the names and music of the English composers from 1400 - 1650. We will listen to some of their greatest pieces, and sing/play what is accessible and we have time for. In order to take part, you will need at least a basic understanding of how to read music, and preferably will be able to read a simple melody line on some instrument in addition to the voice. I will be bringing in at least one viol. If you choose this activity, please let miss Geach know what instrument you play, and to what level.

### **Face-painting (Joni Nettleship)**

Learn to face paint, apply glitter and do festival make up in this half day workshop run by professional face and body artist, Joni Nettleship from Face Painting by Joni. You will learn how to create designs using high quality, cruelty free products such as rainbow face paints, eco-glitter and the new James Charles Morphe make up palette. Included in the price is a free mini sample kit for you to take home.

**N.B. THIS ACTIVITY LASTS ONE MORNING AND IS FOLLOWED IN THE AFTERNOON BY**

#### **Cake-decorating**

This activity proved hugely popular with the girls last year. It is run by Bryony Nicholls (The Cake Lady). Bryony will bring in all the necessary equipment and cakes to be decorated.

### **Football (morning) & Rugby (afternoon)**

Girls will need to wear sports kit appropriate for these activities, including footwear. The sessions will be run by coaches from the GFA and GRFA.

### **Fun with Flowers: A Beginners Guide to Floristry (Miss Doyle)**

This activity is most suitable for pupils who enjoy art and design as there is a large design element, but everyone is welcome. Girls should bring in their own recyclable

container (e.g. a bottle or plastic tub) which they will decorate for the base – size ideally no larger than 10” by 6” by 6” depth- must be waterproof. They will be provided with all other resources but can bring in any materials they wish to cover the pot/base: paint/glitter/etc.

**Jewellery/Textiles** (Mrs Smith)

The focus will be on jewellery-making using precious metal and other resistant materials. Pupils will also have the chance to create a small textile bag to use to keep their jewellery in.

**Photography** (Miss Alston)

An exploration of the pin hole camera

An exciting day spent investigating how a pin hole camera works and creating a small series of photographs using the technique. Following a short introduction to photography and the history of the pin hole camera, students will build their own camera. Exploring how light can affect image, we will use the cameras to take photographs which will be developed by hand by students, ready to collect as a memory of the day!

**Rock School** (Thirst Music School)

Lyrical Mashup! Your chance to create songs and spend time in the Thirst Music School studios, practising and recording your masterpiece. You can also work with other students as a rock group if you prefer. This activity will take place at Thirst’s site at The Aviaries Business Complex, Collings Road, St. Peter Port GY1 1 FL.

**Slow Fashion** (Mrs. Le Cras)

Back in the day you couldn't just go into a shop and buy something to wear. In this activity we are going to look at some of the steps that you needed to take to make a piece of clothing. First you need some yarn - but to get yarn you needed to spin in it from the sheep's fleece Then you need to either knit the yarn into something to wear OR you need to weave it into cloth and then sew it into a garment.

During this activity we will have a go at all of these steps, Spinning, knitting, weaving and if we have time even a bit of sewing to make something as simple as a phone case.