

## Senior School, Michaelmas Term 2018

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup &amp; Baguette</b> £2.50 (V)	Roasted butternut squash	Carrot and coriander	French onion with a parmesan crouton	Chicken noodle	Leek and potato
<b>Main Dish</b> £3.10	Cumberland sausage spiral, onion gravy and mashed potato	Chicken teriyaki noodles with prawn crackers	Roast joint of the day with gravy, roast potatoes and seasonal vegetables	Beef and red bean chili, yellow rice and tortilla crisps	Fish & chips with mushy peas and tartare sauce
<b>Green Dish</b> £3.10 (V)	Cheese, onion and leek loaded potato skins with salad	Mixed vegetable lasagna bake	Sag aloo korma with potato and chick pea, rice and poppadum	Roasted courgette stuffed with a mixed pepper couscous	Vegetable egg fried rice with tofu and prawn crackers
	All main and green dishes will be served with vegetables of the day or salad				
<b>Big Bowl Salad</b> £3.00** Items containing fish/seafood +50 pence	Chicken and avocado	Prawn Marie rose	Mozzarella, tomato & basil	Tuna Nicoise	Chicken, chorizo and sundried tomato
<b>Salads</b> £3.00** Items containing fish/seafood +50 pence	A salad bar will be available until half-term				
<b>Open Breads</b> £2.50 ** Items containing fish/seafood +50 pence	Selection of freshly made baguettes and wraps				
<b>Dessert</b> £1.10	Homemade flapjack	Chocolate Mousse	Raspberry & white chocolate muffins	Carrot cake with orange icing	Lemon cheesecake
<b>Treats</b> £1.00	A tempting selection of fruit, cakes and biscuits are always available				

## Senior School, Michaelmas Term 2018

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup &amp; Baguette</b> £2.50 (V)	Spiced lentil	Pea and pesto	Creamy parsnip & potato	Seasonal vegetable	Tomato and basil
<b>Main Dish</b> £3.10	Chicken & leek fricassee topped with a pastry lid and croquette potatoes	Fish & spinach pie topped with cheesy mashed potato	Honey glazed ham with caramelized pineapple and roast potato	Spaghetti Bolognese, garlic bread & green salad	Lamb tikka masala curry, rice & poppadums
<b>Green Dish</b> £3.10 (V)	Ratatouille pasta shells with garlic bread	Three bean chili with rice and nachos	Brie filo parcel with apple, dill and grape salad	Sweet chili ginger vegetable and beansprout noodles	Crispy baked spinach and cream cheese pancakes
	All main and green dishes will be served with vegetables of the day or salad				
<b>Big Bowl Salad</b> £3.00 ** Items containing fish/seafood +50 pence	Greek salad	Cajun chicken and rice salad	Smoked salmon salad	Honey roast ham, potato and mustard salad	Caesar salad
<b>Salads</b> £3.00** Items containing fish/seafood +50 pence	A salad bar will be available until half-term				
<b>Open Breads</b> £2.50 ** Items containing fish/seafood +50 pence	Selection of freshly made baguettes and wraps				
<b>Dessert</b> £1.10	Apple crumble with custard	Strawberry trifle	Profiteroles with chocolate sauce	Banoffee pie	Chocolate brownie with cream
<b>Treats</b> £1.00	A tempting selection of fruit, cakes and biscuits are always available				