

## Melrose Sport

Dear Form I & Junior Remove parents,  
Firstly, I wish you all a Happy New Year.

I thought I would update you for Sport in the New Year; as sports in lessons is changing. Please see below for information on house events.

### Extra-Curricular Clubs:

JR & F1 Tag Rugby – **Tuesday** lunchtime 12.15-12.55pm, girls should wear normal PE kit with football/hockey socks and trainers, football boots or astro's are strongly recommended. First session = Tuesday 9<sup>th</sup> January

JR & F1 Tag Ruby – **Tuesday** afterschool 3.45-4.50pm please see Mrs Morris for more details as there is a cost involved for these sessions. First session = Tuesday 16<sup>th</sup> January

### Lessons January – February half term

#### **Junior Remove**

- Monday – Dance
- Tuesday – A variety of sports delivered by the Guernsey Sports Commission
- Wednesday – House Games practice followed by Cross Country practice

#### **Form 1**

- Tuesday – House Games practice followed by Cross Country practice
- Wednesday - Dance
- Friday – House Games practice followed by Cross Country practice

For house games practice your daughter should wear her PE t-shirt, shorts and white ankle socks. For cross country we will mainly be based outside so she can wear her tracksuit or shorts with her PE t-shirt.

For dance lessons she should wear her PE t-shirt, shorts and plimsolls.

**Key dates** (please note all of these are provisional and although we aim to keep them they do sometimes have to change):

Wednesday 7<sup>th</sup> February – House Games in the Ladies' College gym, 11am -12pm

Wednesday 14<sup>th</sup> February – Cross Country at Cambridge Park 10.45am start for JR & F1

You are very welcome to come and support your daughter at either of the above events, although please note there will be limited space for spectators for the House Games.

### Fixtures

Saturday 24<sup>th</sup> March – Tag Rugby Festival (Approx. timings = 8.45am-1.15pm), a letter will be sent with further details nearer the time.

If your daughter needs to be excused from PE for any reasons please do remember that we need a letter to explain why she needs to be excused.

Yours sincerely  
Miss E. Dudin