

# *PTAFest Night Out*

## **Upper Four and Lower Five Parents**

**Wednesday 29<sup>th</sup> November 2017**

**7.00pm @ Les Douvres Hotel**

**£14.00 per head**

***Guest Speaker: Sophie Shand***

***Topic: "Nutrition & Our Children"***

### *Menu Choices*

#### **MAIN COURSES**

##### **Pizza Diavola**

*Pepperoni, chilli, cherry tomatoes, mozzarella*

##### **Seafood Linguini**

*Prawns, mussels, cod, with Parmesan & fresh rocket*

##### **Vegetable Stir-Fry**

*Mixed vegetable, crunchy onions, peanut oil & zesty lime rice (V)*

##### **Chicken, Ham & Mushroom Casserole**

*Mashed potato, carrots and peas*

#### **DESSERTS**

##### **Eton Mess**

*Whipped cream, berry compote, crunchy meringue*

##### **Homemade Apple Crumble**

*Guernsey vanilla ice-cream*

##### **Dark Chocolate & Strawberry Mousse**

*Fresh strawberry garnish*

##### **Ice Cream Napoletana**

*Chocolate, strawberry & vanilla Guernsey ice cream*

***The perfect opportunity to meet other  
parents in your daughter's year!***

***Pre-Booking & Payment Essential***

To book your seat, please email: [info@theladiescollegepta.org.gg](mailto:info@theladiescollegepta.org.gg)