In July this year, I was fortunate enough to be accepted onto an EDT Headstart science course at Heriot-Watt University in Edinburgh. It was a great opportunity for me to get an insight into my preferred area of study at university and also I was able to use this as my residential course for my Gold Duke of Edinburgh Award.

Throughout the week we covered a wide range of science disciplines attending lectures with leading research academics and undertaking practical experiments and laboratory work giving me a great overview of what life studying science at University would be like in state of the art facilities. We were given the opportunity to visit the Glasgow Science Centre which was excellent and I also really enjoyed mixing with a group of like minded students from varied backgrounds.

I would recommend undertaking this form of residential course to any student wishing to apply to university, as it gives you the chance to sample university life, get an overview of your preferred subject and meet and mix with new friends.



## Amy, Upper Sixth



