

Senior School, Trinity Term 2017

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish £3.10	Creamy sausage and potato bake with vegetables	Beef lasagne served with mixed salad	Quiche Lorraine with new potatoes and vegetables	Sweet and sour pork served with noodles	Mild chicken curry with rice and naan bread
Green Dish £3.10 (V)	Rich tomato sauce served with fusilli pasta and garlic bread	Sweet potato toasts with chickpeas	Pizza baked potatoes	Vegetable ragu on garlic ciabatta topped with Parmesan cheese	Tuna and sweetcorn slice with mixed salad
Big Bowl Salad £3.00** Items containing fish/seafood +50 pence	Melon and Parma ham	Prawn Marie rose salad	Honey, ginger BBQ salmon	Quiche Lorraine salad	Greek pasta salad
Open Breads £2.50** Items containing fish/seafood +50 pence	Cheese & ham wrap Smoked salmon & cream cheese bagel	Egg mayo sandwich Bacon, lettuce and tomato	Tuna mayo baguette Ham salad sandwich	Prawn Marie rose Egg mayo & watercress roll	Cheese and cherry tomato Coronation chicken
Salads £3.00** Items containing fish/seafood +50 pence	A salad bar will be available each day with a choice of selected meats or fish to accompany the salad				
Dessert £1.10	Raspberry oat slice	Summer fruit smoothie with a shortbread finger	Banoffee pie	Lemon posset	Carrot cake
Treats £1.00	All week including: Toffee Apple Cupcakes, Brownies, '99' Style Muffins, Gingerbread Squares, Blueberry Muffins, flapjack, Assorted Cookies and lemon traybakes				

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish £3.10	Macaroni and bacon cheese served with vegetables	Beef stroganoff served with rice	Pesto chicken with roast potatoes and carrots	Homemade battered cod with potato fries and peas	Bolognese served with pasta quills
Green Dish £3.10 (V)	Medley of Vegetables with rice	Vegetarian moussaka	Creamy leek & mushroom spaghetti	Veggie chilli with tortilla crisps & shredded iceberg lettuce	Jacket potato with cheese and baked beans
Big Bowl Salad £3.00** Items containing fish/seafood +50 pence	Chorizo & pepper pasta salad	Humus dips with veggie sticks & tortilla crisps	Fresh crab salad	Sweet chilli chicken noodle salad	Smoked bacon & pasta salad
Open Breads £2.50** Items containing fish/seafood +50 pence	Ham & mustard Red Leicester cheese	Egg & bacon ciabatta Prawn Marie rose	Sticky hoisin chicken Egg mayo on brown	Crab bagel Pork & slaw roll	Tuna & cucumber Cheese & pickle
Salads £3.00** Items containing fish/seafood +50 pence	A salad bar will be available each day with a choice of selected meats or fish to accompany the salad				
Dessert £1.10	Chocolate chip muffins	Fresh fruit salsa salad with natural yogurt	Tangy lemon drizzle cake	Fruit jellies	Orange traybake
Treats £1.00	All week including: Toffee Apple Cupcakes, Brownies, '99' Style Muffins, Gingerbread Squares Blueberry Muffins, flapjack, assorted cookies and lemon traybakes				