

Senior School, Lent Term 2017

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Baguette £2.50 (V)	Cream of tomato	Sweet potato and lentil	Broccoli and Stilton	Butternut Squash	Creamy carrot and parsnip
Main Dish £3.10	Chicken and bacon carbonara	Beef casserole served with buttered potato, broccoli and dumplings	Sausages and mashed potatoes served with carrots and onion gravy	Italian meatballs served with tomato sauce and pasta with parmesan	Jumbo fish fingers served with parmentier potatoes and peas
Green Dish £3.10 (V)	Jacket potatoes filled with cheese and coleslaw	Cheese and red onion pasties with seasonal vegetables	Tuna pasta bake with vegetables	Roasted vegetable tart tatin	Roasted vegetable tagine served with couscous
Big Bowl Salad £3.00** Items containing fish/seafood +50 pence	Smoked Salmon	Scotch Egg	Prawn Marie Rose	Parma ham with melon	Roast Chicken
Open Breads £2.50** Items containing fish/seafood +50 pence	Tuna and cucumber Roast turkey sandwich	Sweet chili chicken wrap Cheese and pickle	Bacon, lettuce & tomato Egg mayonnaise bagel	Honey chicken ciabatta Ham and cheese wrap	Cheese and tomato on brown bread Roast Beef salad
Dessert £1.10	Flapjack	Chocolate sponge with warm chocolate sauce	Strawberry mousse with white chocolate	Winter berry Eton Mess	Banana cake with cream cheese topping
Treats £1.00	All week including: Toffee Apple Cupcakes, Brownies, '99' Style Muffins, Gingerbread Squares, Blueberry Muffins, flapjack, Assorted Cookies and lemon traybakes				

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Baguette £2.50 (V)	Cream of tomato	Sweet potato and lentil	Broccoli and Stilton	Butternut Squash	Creamy carrot and parsnip
Main Dish £3.10	Chicken and tomato pasta bake served with whole green beans	Yorkshire puddings served with chili beef and fresh broccoli	Sausage plait with sauté potatoes and sweetcorn	Lamb hotpot served with seasonal vegetables	Margarita pizza served with potato wedges and salad leaves
Green Dish £3.10 (V)	Vegetable cottage pie served with whole green beans	Broccoli and spaghetti bake served with a crusty roll	Jacket potatoes filled with cheese and baked beans	Creamy pepper pasta	Veggie burgers with potato wedges and salad
Big Bowl Salad £3.00** Items containing fish/seafood +50 pence	Wensleydale and cranberry	Greek pasta salad	Hoisin chicken salad	Roast salmon	Creamy bacon and potato
Open Breads £2.50** Items containing fish/seafood +50 pence	Ham and pickle Smoked salmon sandwich	Egg and bacon bagel Tuna and spring onion	Prawn Marie Rose Bacon and brie	Coronation Chicken Red Leicester and tomato	Pulled pork wrap Egg and cress
Dessert £1.10	Raspberry and white chocolate squares	Pear and blueberry crumble with a drizzle of cream	Fruit jellies	Stewed apple and vanilla custard	Chocolate chip shortbread cookies
Treats £1.00	All week including: Toffee Apple Cupcakes, Brownies, '99' Style Muffins, Gingerbread Squares Blueberry Muffins, flapjack, assorted cookies and lemon traybakes				