

Revision Evening

The Ladies' College, Guernsey



The
Ladies' College
Guernsey

Plan Ahead... Setting Up for Revision

- Talk to your daughter about how you can support her and what she would find helpful
- Provide files, dividers, wall charts, paper, pens, highlighters, post-it notes, post cards ...
- Support your child to choose a suitable revision guide for each subject
- Help them to get themselves organised...Files/Notes complete and in order



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Getting Started...

- Download and print off
 1. Summer Examinations 2016 TT
 2. Calendar for Revision Planning

Both of which can be found on the Senior School/ Sixth Form section of the Ladies' College website



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		07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Saturday	09-Apr-16															
Sunday	10-Apr-16															
Monday	11-Apr-16															
Tuesday	12-Apr-16															
Wednesday	13-Apr-16															
Thursday	14-Apr-16															
Friday	15-Apr-16															
Saturday	16-Apr-16															
Sunday	17-Apr-16															
Monday	18-Apr-16															
Tuesday	19-Apr-16															
Wednesday	20-Apr-16															
Thursday	21-Apr-16															
Friday	22-Apr-16															
Saturday	23-Apr-16															
Sunday	24-Apr-16															
Monday	25-Apr-16															
Tuesday	26-Apr-16															
Wednesday	27-Apr-16															
Thursday	28-Apr-16															
Friday	29-Apr-16															
Saturday	30-Apr-16															
Sunday	01-May-16															
Monday	02-May-16															
Tuesday	03-May-16															
Wednesday	04-May-16															
Thursday	05-May-16															
Friday	06-May-16															
Saturday	07-May-16															
Sunday	08-May-16															
Monday	09-May-16															
Tuesday	10-May-16															
Wednesday	11-May-16															
Thursday	12-May-16															
Friday	13-May-16															
Saturday	14-May-16															
Sunday	15-May-16															

Why plan?

- If you fail to plan you plan to fail!
- Seek advice from teachers and use your mocks to identify strengths and weaknesses.
- Work out what your commitments already are.
- Attend drop in sessions?
 - Tuesday lunch (Chemistry Clinic)
 - Friday lunch (French Clinic)



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Work hard and play hard

- Class work
- Homework
- Revision
- EATING
- SLEEPING
- “TIME - OUT”
- Physical activity / fresh air

REMEMBER THE NEED FOR BALANCE!



How can parents help?

- Understanding
- Food
- Encouragement
- “Time out”
- Rewards / Sanctions!
- Listening
- Supporting
- Working environment
- Have clear plans for getting to and from exams

Study leave

- During study leave students are welcome to come into school to work in Study Rooms or the library **in uniform**
- You **MUST SIGN IN AND OUT** at Reception – unless you arrive for an exam that is starting at 8.30a.m. or 1.30p.m.
- Remember to include physical activity in your daily schedule

If it's all too much

- Stop and breathe slowly
- Clear your mind and look at something outside
- Go for a walk
- Take a short break and go back to the task
- Set realistic targets
- Prioritise what needs to be done
- Eat, exercise and sleep
- Remember you are not the only one going through the exam season

Thank you for listening



We wish every success to all our students in their preparation for their exams. Remember we are here to help **AND GETTING STARTED IS THE HARDEST PART**



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