

E-Safety advice

Students have regular information about E-Safety through ICT lessons, assemblies and in Tutor or PSHE time. Students are encouraged to be cautious and consider posting any information about themselves or friends including photographs. They are advised to include parents in online activities especially if anything makes them feel uncomfortable, depressed or angry, before downloading from a website or before arranging to meet someone in real life that they previously had only met online. They must keep passwords safe and secure and refrain from telling anyone what they are.

We advise and encourage parents:

- to make a point of talking to their daughters about the risks of social networks and help them set their privacy settings to high security to keep them protected while they are having fun online. Most social networking sites have two types of privacy settings: Public (everyone and anyone can view your profile) and Private (only people on your friends list can view your profile).
- to make an effort to be involved with their daughters online, especially if invited to look at their favourite sites or play their favourite games. Understand what the different ratings for games and apps mean and then look up the ratings of the particular game, (ESRB.org), to make sure the game is appropriate for their child's age.
- to discuss with their daughter the dangers of meeting up with an online stranger in real life
- to discuss inappropriate posts made by their daughter or their friends and the consequences and longevity of posting photos or videos online
- to listen to their child when they talk about what happens online, and if a problem does occur, remain calm and supportive and report any abuse to authorities.
- to block access to some sites. This may require the parent to download free and simple software that can block the sites. Parents may also want to consider monitoring their child's internet access instead of blocking sites, which allows a parent to step in if something is inappropriate.
- to talk about cyber bullying and the implications it presents. Cyber bullying is serious, illegal and can cause serious harm to the person who receives it.
- if their daughter is the victim of cyber bullying, the girls should be advised to save all messages or images and tell their parent or a trusted adult immediately. Parents should watch for behaviours that may indicate depression, and report the abuse.
- to recognise the benefits of the internet is a great place to connect with friends and family, learn about new things, share information, and play games, but should be used safely.

Useful resources:

The (ISC)2 Foundation

The (ISC)2 Foundation is a non-profit charity as a conduit through which (ISC)2 members reach society and shape the industry at large with their unique skill sets. The (ISC)2 Foundation was formed to meet these needs and to expand altruistic programs such as Safe and Secure Online, the Information Security Scholarship Program, and Industry Research. For more information on the (ISC)2 Foundation, please visit www.isc2cares.org.

General Advice:

www.saferinternet.org.uk/advice-and-resources/parents-and-carers/advice
www.childnet.com/sorted
www.thinkyouknow.co.uk

Cyberbullying:

www.cyberbullying.us/cyberbullying_warning_signs.pdf
www.bullyingstatistics.org/content/stop-cyber-bullying.html

Gaming:

www.common sense media.org

Passwords:

www.passfault.com

Internet Filtering:

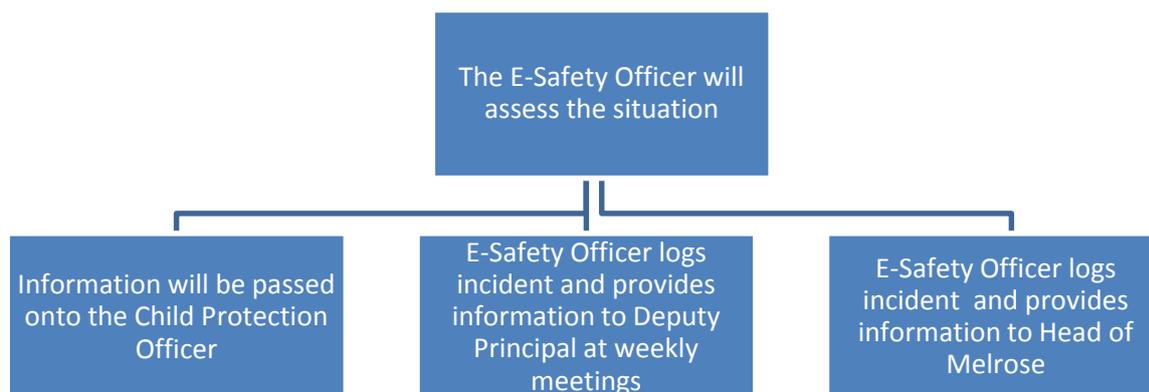
www.opendns.org (home wireless)
www.k9webprotection.com (device)

Anti Virus:

www.avg.com
www.avast.com

E – safety Incident Management

The Ladies' College has an incident management flow chart for reporting any incidents of concern related to E-safety. Any parent or child can report an incident to a member of staff. That member of staff MUST report the matter to the E-Safety Officer, who is the Head of IT at the College.



Information on some incidents will be provided to an on-island E-safety group at monthly meetings. The E-safety Officer provides monthly updates at Year Co-ordinator meetings, staff briefings or Melrose Staff meetings and The Ladies' College website in order to keep everyone up-to-date with the latest information.