



Senior School Lent Term 2024



Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish £3.80	Jacket potato with tuna mayonnaise, baked beans, grated cheese and mixed salad	Mild chicken curry with rice, naan bread and mango chutney	Honey roast ham, potato wedges, sweetcorn and gravy	Homemade fish goujons with mashed potato, peas and tartar sauce	Lunch brunch, chipolata sausage, bacon, hashbrown and baked beans
Green Dish (V) £3.80	Roasted red pepper and mozzarella frittata served with paprika wedges and salad	Creamy baked gnocchi with spinach and roasted squash served with garlic bread	Mrs Noi's vegetable pad thai	Vegetable chilli nachos topped with cheese and sour cream	Pea and pesto risotto with rocket salad
Big Bowl Salad £3.80 ** inc fish/seafood +60p	Salad of the day				
Boxed Salads £3.80 ** inc fish/seafood +60p	A selection of boxed salads will be available				
Open Breads from £2.95	Selection of freshly made baguettes and wraps				
Dessert £1.30	Greek yogurt with a fresh fruit coulis	Fruit compote and custard	Greek yogurt with a fresh fruit coulis	Frozen fruit yogurt	Greek yogurt with a fresh fruit coulis
Treats from £1.30	A tempting selection of fruit, cakes and biscuits are always available				



Week 2

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	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish £3.80	Pasta Napoletana with pancetta, Parmesan cheese and garlic bread	Breaded chicken escalope with creamed potatoes, buttered carrots and a chicken jus	Roast joint of the day, stuffing, roast potatoes, seasonal vegetables and gravy	Beef lasagna with peas	Crispy chicken tortilla wrap with curly fries and salad
Green Dish (V) £3.80	Cheddar cheese and tomato omelette with new potatoes and mixed salad	Oriental vegetable noodles topped with a fried egg	Vegetarian shepherds pie with sweet potato mash	Sweet corn fritters with mint raita	Ratatouille topped puff pastry slice with a basil and tomato sauce
Big Bowl Salad £3.80 ** inc fish/seafood +60p	Salad of the day				
Boxed Salads £3.80 ** inc fish/seafood +60p	A selection of boxed salads will be available				
Open Breads from £2.95	Selection of freshly made baguettes and wraps				
Dessert £1.30	Greek yogurt with a fresh fruit coulis	Fruit jelly	Greek yogurt with a fresh fruit coulis	Homemade carrot cake	Greek yogurt with a fresh fruit coulis
Treats from £1.30	A tempting selection of fruit, cakes and biscuits are always available				